Helium

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*This article is about the chemical element. For other uses, see*[*Helium (disambiguation)*](https://en.wikipedia.org/wiki/Helium_%28disambiguation%29)*.*

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| **Helium, 2He** |
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| **Helium** |
| **Pronunciation** | [/ˈhiːliəm/](https://en.wikipedia.org/wiki/Help%3AIPA/English) ​([*HEE-lee-əm*](https://en.wikipedia.org/wiki/Help%3APronunciation_respelling_key)) |
| **Appearance** | colorless gas, exhibiting a gray, cloudy glow (or reddish-orange if an especially high voltage is used) when placed in an electric field |
| [**Standard atomic weight**](https://en.wikipedia.org/wiki/Standard_atomic_weight) *A*r, std(He) | 4.002602(2)[[1]](https://en.wikipedia.org/wiki/Helium#cite_note-CIAAW2013-1) |
| **Helium in the**[**periodic table**](https://en.wikipedia.org/wiki/Periodic_table) |
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| [Hydrogen](https://en.wikipedia.org/wiki/Hydrogen) |  | Helium |
| [Lithium](https://en.wikipedia.org/wiki/Lithium) | [Beryllium](https://en.wikipedia.org/wiki/Beryllium) |  | [Boron](https://en.wikipedia.org/wiki/Boron) | [Carbon](https://en.wikipedia.org/wiki/Carbon) | [Nitrogen](https://en.wikipedia.org/wiki/Nitrogen) | [Oxygen](https://en.wikipedia.org/wiki/Oxygen) | [Fluorine](https://en.wikipedia.org/wiki/Fluorine) | [Neon](https://en.wikipedia.org/wiki/Neon) |
| [Sodium](https://en.wikipedia.org/wiki/Sodium) | [Magnesium](https://en.wikipedia.org/wiki/Magnesium) |  | [Aluminium](https://en.wikipedia.org/wiki/Aluminium) | [Silicon](https://en.wikipedia.org/wiki/Silicon) | [Phosphorus](https://en.wikipedia.org/wiki/Phosphorus) | [Sulfur](https://en.wikipedia.org/wiki/Sulfur) | [Chlorine](https://en.wikipedia.org/wiki/Chlorine) | [Argon](https://en.wikipedia.org/wiki/Argon) |
| [Potassium](https://en.wikipedia.org/wiki/Potassium) | [Calcium](https://en.wikipedia.org/wiki/Calcium) | [Scandium](https://en.wikipedia.org/wiki/Scandium) |  | [Titanium](https://en.wikipedia.org/wiki/Titanium) | [Vanadium](https://en.wikipedia.org/wiki/Vanadium) | [Chromium](https://en.wikipedia.org/wiki/Chromium) | [Manganese](https://en.wikipedia.org/wiki/Manganese) | [Iron](https://en.wikipedia.org/wiki/Iron) | [Cobalt](https://en.wikipedia.org/wiki/Cobalt) | [Nickel](https://en.wikipedia.org/wiki/Nickel) | [Copper](https://en.wikipedia.org/wiki/Copper) | [Zinc](https://en.wikipedia.org/wiki/Zinc) | [Gallium](https://en.wikipedia.org/wiki/Gallium) | [Germanium](https://en.wikipedia.org/wiki/Germanium) | [Arsenic](https://en.wikipedia.org/wiki/Arsenic) | [Selenium](https://en.wikipedia.org/wiki/Selenium) | [Bromine](https://en.wikipedia.org/wiki/Bromine) | [Krypton](https://en.wikipedia.org/wiki/Krypton) |
| [Rubidium](https://en.wikipedia.org/wiki/Rubidium) | [Strontium](https://en.wikipedia.org/wiki/Strontium) | [Yttrium](https://en.wikipedia.org/wiki/Yttrium) |  |  | [Zirconium](https://en.wikipedia.org/wiki/Zirconium) | [Niobium](https://en.wikipedia.org/wiki/Niobium) | [Molybdenum](https://en.wikipedia.org/wiki/Molybdenum) | [Technetium](https://en.wikipedia.org/wiki/Technetium) | [Ruthenium](https://en.wikipedia.org/wiki/Ruthenium) | [Rhodium](https://en.wikipedia.org/wiki/Rhodium) | [Palladium](https://en.wikipedia.org/wiki/Palladium) | [Silver](https://en.wikipedia.org/wiki/Silver) | [Cadmium](https://en.wikipedia.org/wiki/Cadmium) | [Indium](https://en.wikipedia.org/wiki/Indium) | [Tin](https://en.wikipedia.org/wiki/Tin) | [Antimony](https://en.wikipedia.org/wiki/Antimony) | [Tellurium](https://en.wikipedia.org/wiki/Tellurium) | [Iodine](https://en.wikipedia.org/wiki/Iodine) | [Xenon](https://en.wikipedia.org/wiki/Xenon) |
| [Caesium](https://en.wikipedia.org/wiki/Caesium) | [Barium](https://en.wikipedia.org/wiki/Barium) | [Lanthanum](https://en.wikipedia.org/wiki/Lanthanum) | [Cerium](https://en.wikipedia.org/wiki/Cerium) | [Praseodymium](https://en.wikipedia.org/wiki/Praseodymium) | [Neodymium](https://en.wikipedia.org/wiki/Neodymium) | [Promethium](https://en.wikipedia.org/wiki/Promethium) | [Samarium](https://en.wikipedia.org/wiki/Samarium) | [Europium](https://en.wikipedia.org/wiki/Europium) | [Gadolinium](https://en.wikipedia.org/wiki/Gadolinium) | [Terbium](https://en.wikipedia.org/wiki/Terbium) | [Dysprosium](https://en.wikipedia.org/wiki/Dysprosium) | [Holmium](https://en.wikipedia.org/wiki/Holmium) | [Erbium](https://en.wikipedia.org/wiki/Erbium) | [Thulium](https://en.wikipedia.org/wiki/Thulium) | [Ytterbium](https://en.wikipedia.org/wiki/Ytterbium) | [Lutetium](https://en.wikipedia.org/wiki/Lutetium) | [Hafnium](https://en.wikipedia.org/wiki/Hafnium) | [Tantalum](https://en.wikipedia.org/wiki/Tantalum) | [Tungsten](https://en.wikipedia.org/wiki/Tungsten) | [Rhenium](https://en.wikipedia.org/wiki/Rhenium) | [Osmium](https://en.wikipedia.org/wiki/Osmium) | [Iridium](https://en.wikipedia.org/wiki/Iridium) | [Platinum](https://en.wikipedia.org/wiki/Platinum) | [Gold](https://en.wikipedia.org/wiki/Gold) | [Mercury (element)](https://en.wikipedia.org/wiki/Mercury_%28element%29) | [Thallium](https://en.wikipedia.org/wiki/Thallium) | [Lead](https://en.wikipedia.org/wiki/Lead) | [Bismuth](https://en.wikipedia.org/wiki/Bismuth) | [Polonium](https://en.wikipedia.org/wiki/Polonium) | [Astatine](https://en.wikipedia.org/wiki/Astatine) | [Radon](https://en.wikipedia.org/wiki/Radon) |
| [Francium](https://en.wikipedia.org/wiki/Francium) | [Radium](https://en.wikipedia.org/wiki/Radium) | [Actinium](https://en.wikipedia.org/wiki/Actinium) | [Thorium](https://en.wikipedia.org/wiki/Thorium) | [Protactinium](https://en.wikipedia.org/wiki/Protactinium) | [Uranium](https://en.wikipedia.org/wiki/Uranium) | [Neptunium](https://en.wikipedia.org/wiki/Neptunium) | [Plutonium](https://en.wikipedia.org/wiki/Plutonium) | [Americium](https://en.wikipedia.org/wiki/Americium) | [Curium](https://en.wikipedia.org/wiki/Curium) | [Berkelium](https://en.wikipedia.org/wiki/Berkelium) | [Californium](https://en.wikipedia.org/wiki/Californium) | [Einsteinium](https://en.wikipedia.org/wiki/Einsteinium) | [Fermium](https://en.wikipedia.org/wiki/Fermium) | [Mendelevium](https://en.wikipedia.org/wiki/Mendelevium) | [Nobelium](https://en.wikipedia.org/wiki/Nobelium) | [Lawrencium](https://en.wikipedia.org/wiki/Lawrencium) | [Rutherfordium](https://en.wikipedia.org/wiki/Rutherfordium) | [Dubnium](https://en.wikipedia.org/wiki/Dubnium) | [Seaborgium](https://en.wikipedia.org/wiki/Seaborgium) | [Bohrium](https://en.wikipedia.org/wiki/Bohrium) | [Hassium](https://en.wikipedia.org/wiki/Hassium) | [Meitnerium](https://en.wikipedia.org/wiki/Meitnerium) | [Darmstadtium](https://en.wikipedia.org/wiki/Darmstadtium) | [Roentgenium](https://en.wikipedia.org/wiki/Roentgenium) | [Copernicium](https://en.wikipedia.org/wiki/Copernicium) | [Nihonium](https://en.wikipedia.org/wiki/Nihonium) | [Flerovium](https://en.wikipedia.org/wiki/Flerovium) | [Moscovium](https://en.wikipedia.org/wiki/Moscovium) | [Livermorium](https://en.wikipedia.org/wiki/Livermorium) | [Tennessine](https://en.wikipedia.org/wiki/Tennessine) | [Oganesson](https://en.wikipedia.org/wiki/Oganesson) |

 | –↑**He**↓[Ne](https://en.wikipedia.org/wiki/Neon) |
| [hydrogen](https://en.wikipedia.org/wiki/Hydrogen) ← **helium** → [lithium](https://en.wikipedia.org/wiki/Lithium) |

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 |
| [**Atomic number**](https://en.wikipedia.org/wiki/Atomic_number)(*Z*) | 2 |
| [**Group**](https://en.wikipedia.org/wiki/Group_%28periodic_table%29) | [group 18 (noble gases)](https://en.wikipedia.org/wiki/Noble_gas) |
| [**Period**](https://en.wikipedia.org/wiki/Period_%28periodic_table%29) | [period 1](https://en.wikipedia.org/wiki/Period_1_element) |
| [**Block**](https://en.wikipedia.org/wiki/Block_%28periodic_table%29) | [s-block](https://en.wikipedia.org/wiki/S-block) |
| [**Element category**](https://en.wikipedia.org/wiki/Names_for_sets_of_chemical_elements#Category) |   [Noble gas](https://en.wikipedia.org/wiki/Noble_gas) |
| [**Electron configuration**](https://en.wikipedia.org/wiki/Electron_configuration) | 1s2 |
| **Electrons per shell** | 2 |
| **Physical properties** |
| [**Phase**](https://en.wikipedia.org/wiki/Phase_%28matter%29)at [STP](https://en.wikipedia.org/wiki/Standard_conditions_for_temperature_and_pressure) | [gas](https://en.wikipedia.org/wiki/Gas) |
| [**Melting point**](https://en.wikipedia.org/wiki/Melting_point) | 0.95 [K](https://en.wikipedia.org/wiki/Kelvin) ​(−272.20 °C, ​−457.96 °F) (at 2.5 MPa) |
| [**Boiling point**](https://en.wikipedia.org/wiki/Boiling_point) | 4.222 K ​(−268.928 °C, ​−452.070 °F) |
| [**Density**](https://en.wikipedia.org/wiki/Density)(at STP) | 0.1786 g/L |
| when liquid (at m.p.) | 0.145 g/cm3 |
| when liquid (at b.p.) | 0.125 g/cm3 |
| [**Triple point**](https://en.wikipedia.org/wiki/Triple_point) | 2.177 K, ​5.043 kPa |
| [**Critical point**](https://en.wikipedia.org/wiki/Critical_point_%28thermodynamics%29) | 5.1953 K, 0.22746 MPa |
| [**Heat of fusion**](https://en.wikipedia.org/wiki/Enthalpy_of_fusion) | 0.0138 [kJ/mol](https://en.wikipedia.org/wiki/Kilojoule_per_mole) |
| [**Heat of vaporization**](https://en.wikipedia.org/wiki/Enthalpy_of_vaporization) | 0.0829 kJ/mol |
| [**Molar heat capacity**](https://en.wikipedia.org/wiki/Molar_heat_capacity) | 20.78 J/(mol·K)[[2]](https://en.wikipedia.org/wiki/Helium#cite_note-2) |
| [**Vapor pressure**](https://en.wikipedia.org/wiki/Vapor_pressure) (defined by [ITS-90](https://en.wikipedia.org/wiki/International_Temperature_Scale_of_1990))

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| ***P***(Pa) | **1** | **10** | **100** | **1 k** | **10 k** | **100 k** |
| **at *T***(K) |   |   | 1.23 | 1.67 | 2.48 | 4.21 |

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| **Atomic properties** |
| [**Oxidation states**](https://en.wikipedia.org/wiki/Oxidation_state) | **0** |
| [**Electronegativity**](https://en.wikipedia.org/wiki/Electronegativity) | Pauling scale: no data |
| [**Ionization energies**](https://en.wikipedia.org/wiki/Ionization_energy) | * 1st: 2372.3 kJ/mol
* 2nd: 5250.5 kJ/mol
 |
| [**Covalent radius**](https://en.wikipedia.org/wiki/Covalent_radius) | 28 [pm](https://en.wikipedia.org/wiki/Picometre) |
| [**Van der Waals radius**](https://en.wikipedia.org/wiki/Van_der_Waals_radius) | 140 pm |
| Color lines in a spectral range[**Spectral lines**](https://en.wikipedia.org/wiki/Spectral_line)**of helium** |
| **Other properties** |
| **Natural occurrence** | [primordial](https://en.wikipedia.org/wiki/Primordial_nuclide) |
| [**Crystal structure**](https://en.wikipedia.org/wiki/Crystal_structure) | ​[hexagonal close-packed](https://en.wikipedia.org/wiki/Close-packing_of_equal_spheres) (hcp)Hexagonal close-packed crystal structure for helium |
| [**Speed of sound**](https://en.wikipedia.org/wiki/Speed_of_sound) | 972 [m/s](https://en.wikipedia.org/wiki/Metre_per_second) |
| [**Thermal conductivity**](https://en.wikipedia.org/wiki/Thermal_conductivity) | 0.1513 W/(m·K) |
| [**Magnetic ordering**](https://en.wikipedia.org/wiki/Magnetism) | [diamagnetic](https://en.wikipedia.org/wiki/Diamagnetic)[[3]](https://en.wikipedia.org/wiki/Helium#cite_note-3) |
| [**Magnetic susceptibility**](https://en.wikipedia.org/wiki/Magnetic_susceptibility) | −1.88·10−6 cm3/mol (298 K)[[4]](https://en.wikipedia.org/wiki/Helium#cite_note-4) |
| [**CAS Number**](https://en.wikipedia.org/wiki/CAS_Registry_Number) | 7440-59-7 |
| **History** |
| **Naming** | after [Helios](https://en.wikipedia.org/wiki/Helios), Greek [Titan](https://en.wikipedia.org/wiki/Titan_%28mythology%29) of the Sun |
| [**Discovery**](https://en.wikipedia.org/wiki/Timeline_of_chemical_element_discoveries) | [Pierre Janssen](https://en.wikipedia.org/wiki/Pierre_Janssen), [Norman Lockyer](https://en.wikipedia.org/wiki/Norman_Lockyer) (1868) |
| **First isolation** | [William Ramsay](https://en.wikipedia.org/wiki/William_Ramsay), [Per Teodor Cleve](https://en.wikipedia.org/wiki/Per_Teodor_Cleve), [Abraham Langlet](https://en.wikipedia.org/wiki/Abraham_Langlet) (1895) |
| **Main**[**isotopes of helium**](https://en.wikipedia.org/wiki/Isotopes_of_helium) |
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| [**Iso­tope**](https://en.wikipedia.org/wiki/Isotope) | [**Abun­dance**](https://en.wikipedia.org/wiki/Natural_abundance) | [**Half-life**](https://en.wikipedia.org/wiki/Half-life)(*t*1/2) | [**Decay mode**](https://en.wikipedia.org/wiki/Radioactive_decay) | [**Pro­duct**](https://en.wikipedia.org/wiki/Decay_product) |
| [**3He**](https://en.wikipedia.org/wiki/Helium-3) | 0.0002% | [stable](https://en.wikipedia.org/wiki/Stable_isotope) |
| [**4He**](https://en.wikipedia.org/wiki/Helium-4) | 99.9998% | stable |

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| Category [Category: Helium](https://en.wikipedia.org/wiki/Category%3AHelium)* [view](https://en.wikipedia.org/wiki/Template%3AInfobox_helium)
* [talk](https://en.wikipedia.org/wiki/Template_talk%3AInfobox_helium)
* [edit](https://en.wikipedia.org/w/index.php?title=Template:Infobox_helium&action=edit)

 | [references](https://en.wikipedia.org/wiki/List_of_data_references_for_chemical_elements) |

**Helium** (from [Greek](https://en.wikipedia.org/wiki/Greek_language): ἥλιος, [romanized](https://en.wikipedia.org/wiki/Romanization_of_Greek): [*Helios*](https://en.wikipedia.org/wiki/Helios), [lit.](https://en.wikipedia.org/wiki/Literal_translation) 'Sun') is a [chemical element](https://en.wikipedia.org/wiki/Chemical_element) with the [symbol](https://en.wikipedia.org/wiki/Symbol_%28chemistry%29) **He** and [atomic number](https://en.wikipedia.org/wiki/Atomic_number) 2. It is a colorless, odorless, tasteless, non-toxic, [inert](https://en.wikipedia.org/wiki/Inert_gas), [monatomic](https://en.wikipedia.org/wiki/Monatomic) [gas](https://en.wikipedia.org/wiki/Gas), the first in the [noble gas](https://en.wikipedia.org/wiki/Noble_gas) group in the [periodic table](https://en.wikipedia.org/wiki/Periodic_table). Its [boiling point](https://en.wikipedia.org/wiki/Boiling_point) is the lowest among all the [elements](https://en.wikipedia.org/wiki/Chemical_element). Helium is the second lightest and second most [abundant element](https://en.wikipedia.org/wiki/Abundance_of_the_chemical_elements) in the observable [universe](https://en.wikipedia.org/wiki/Universe) ([hydrogen](https://en.wikipedia.org/wiki/Hydrogen) is the lightest and most abundant). It is present at about 24% of the total elemental mass, which is more than 12 times the mass of all the heavier elements combined. Its abundance is similar to this in both the [Sun](https://en.wikipedia.org/wiki/Sun) and in [Jupiter](https://en.wikipedia.org/wiki/Jupiter). This is due to the very high [nuclear binding energy](https://en.wikipedia.org/wiki/Nuclear_binding_energy) (per [nucleon](https://en.wikipedia.org/wiki/Nucleon)) of [helium-4](https://en.wikipedia.org/wiki/Helium-4), with respect to the next three elements after helium. This helium-4 binding energy also accounts for why it is a product of both [nuclear fusion](https://en.wikipedia.org/wiki/Nuclear_fusion) and [radioactive decay](https://en.wikipedia.org/wiki/Radioactive_decay). Most helium in the universe is helium-4, the vast majority of which was formed during the [Big Bang](https://en.wikipedia.org/wiki/Big_Bang). Large amounts of new helium are being created by nuclear fusion of hydrogen in [stars](https://en.wikipedia.org/wiki/Stars).

Helium is named for the Greek [Titan](https://en.wikipedia.org/wiki/Titan_%28mythology%29) of the Sun, [Helios](https://en.wikipedia.org/wiki/Helios). It was first detected as an unknown, yellow [spectral line](https://en.wikipedia.org/wiki/Spectral_line) signature in sunlight, during a [solar eclipse in 1868](https://en.wikipedia.org/wiki/Solar_eclipse_of_August_18%2C_1868) by [Georges Rayet](https://en.wikipedia.org/wiki/Georges_Rayet),[[5]](https://en.wikipedia.org/wiki/Helium#cite_note-5) Captain C. T. Haig,[[6]](https://en.wikipedia.org/wiki/Helium#cite_note-6) [Norman R. Pogson](https://en.wikipedia.org/wiki/N._R._Pogson),[[7]](https://en.wikipedia.org/wiki/Helium#cite_note-7) and Lieutenant John Herschel,[[8]](https://en.wikipedia.org/wiki/Helium#cite_note-8) and was subsequently confirmed by French astronomer, [Jules Janssen](https://en.wikipedia.org/wiki/Pierre_Janssen).[[9]](https://en.wikipedia.org/wiki/Helium#cite_note-9) Janssen is often jointly credited with detecting the element, along with [Norman Lockyer](https://en.wikipedia.org/wiki/Norman_Lockyer). Janssen recorded the helium spectral line during the solar eclipse of 1868, while Lockyer observed it from Britain. Lockyer was the first to propose that the line was due to a new element, which he named. The formal [discovery of the element](https://en.wikipedia.org/wiki/Discovery_of_the_chemical_elements) was made in 1895 by two [Swedish](https://en.wikipedia.org/wiki/Sweden) chemists, [Per Teodor Cleve](https://en.wikipedia.org/wiki/Per_Teodor_Cleve) and [Nils Abraham Langlet](https://en.wikipedia.org/wiki/Nils_Abraham_Langlet), who found helium emanating from the [uranium](https://en.wikipedia.org/wiki/Uranium) [ore](https://en.wikipedia.org/wiki/Ore), [*cleveite*](https://en.wikipedia.org/wiki/Cleveite), which is now not regarded as a separate mineral species but as a variety of uraninite.[[10]](https://en.wikipedia.org/wiki/Helium#cite_note-mindat_cleveite-10)[[11]](https://en.wikipedia.org/wiki/Helium#cite_note-mindat_uraninite-11) In 1903, large reserves of helium were found in [natural gas fields](https://en.wikipedia.org/wiki/Natural_gas_field) in parts of the United States, which is by far the largest supplier of the gas today.

Liquid helium is used in [cryogenics](https://en.wikipedia.org/wiki/Helium_cryogenics) (its largest single use, absorbing about a quarter of production), particularly in the [cooling](https://en.wikipedia.org/wiki/Cryocooler) of [superconducting magnets](https://en.wikipedia.org/wiki/Superconducting_magnet), with the main commercial application being in [MRI](https://en.wikipedia.org/wiki/MRI) scanners. Helium's other industrial uses—as a pressurizing and purge gas, as a protective atmosphere for [arc welding](https://en.wikipedia.org/wiki/Arc_welding) and in processes such as growing crystals to make [silicon wafers](https://en.wikipedia.org/wiki/Silicon_wafer)—account for half of the gas produced. A well-known but minor use is as a [lifting gas](https://en.wikipedia.org/wiki/Lifting_gas) in [balloons](https://en.wikipedia.org/wiki/Balloon) and [airships](https://en.wikipedia.org/wiki/Airship).[[12]](https://en.wikipedia.org/wiki/Helium#cite_note-12) As with any gas whose density differs from that of air, inhaling a small volume of helium temporarily changes the timbre and quality of the [human voice](https://en.wikipedia.org/wiki/Human_voice). In scientific research, the behavior of the two fluid phases of helium-4 (helium I and helium II) is important to researchers studying [quantum mechanics](https://en.wikipedia.org/wiki/Quantum_mechanics) (in particular the property of [superfluidity](https://en.wikipedia.org/wiki/Superfluidity)) and to those looking at the phenomena, such as [superconductivity](https://en.wikipedia.org/wiki/Superconductivity), produced in [matter](https://en.wikipedia.org/wiki/Matter) near [absolute zero](https://en.wikipedia.org/wiki/Absolute_zero).

On Earth it is relatively rare—5.2 [ppm](https://en.wikipedia.org/wiki/Parts_per_million) by volume in the [atmosphere](https://en.wikipedia.org/wiki/Atmosphere). Most terrestrial helium present today is created by the natural [radioactive decay](https://en.wikipedia.org/wiki/Radioactive_decay) of heavy radioactive elements ([thorium](https://en.wikipedia.org/wiki/Thorium) and [uranium](https://en.wikipedia.org/wiki/Uranium), although there are other examples), as the [alpha particles](https://en.wikipedia.org/wiki/Alpha_particle) emitted by such decays consist of helium-4 [nuclei](https://en.wikipedia.org/wiki/Atomic_nucleus). This [radiogenic](https://en.wikipedia.org/wiki/Radiogenic) helium is trapped with [natural gas](https://en.wikipedia.org/wiki/Natural_gas) in concentrations as great as 7% by volume, from which it is extracted commercially by a low-temperature separation process called [fractional distillation](https://en.wikipedia.org/wiki/Fractional_distillation). Previously, terrestrial helium—a non-renewable resource, because, once released into the atmosphere it readily [escapes into space](https://en.wikipedia.org/wiki/Atmospheric_escape)—was thought to be in increasingly short supply.[[13]](https://en.wikipedia.org/wiki/Helium#cite_note-13)[[14]](https://en.wikipedia.org/wiki/Helium#cite_note-14) However, recent studies suggest that helium produced deep in the earth by radioactive decay can collect in natural gas reserves in larger than expected quantities,[[15]](https://en.wikipedia.org/wiki/Helium#cite_note-15) in some cases, having been released by volcanic activity.[[16]](https://en.wikipedia.org/wiki/Helium#cite_note-Sample-16)



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History

**Scientific discoveries**

The first evidence of helium was observed on August 18, 1868, as a bright yellow line with a [wavelength](https://en.wikipedia.org/wiki/Wavelength) of 587.49 nanometers in the [spectrum](https://en.wikipedia.org/wiki/Emission_spectrum) of the [chromosphere](https://en.wikipedia.org/wiki/Chromosphere) of the [Sun](https://en.wikipedia.org/wiki/Sun). The line was detected by French astronomer [Jules Janssen](https://en.wikipedia.org/wiki/Pierre_Janssen) during [a total solar eclipse](https://en.wikipedia.org/wiki/Solar_eclipse_of_August_18%2C_1868) in [Guntur](https://en.wikipedia.org/wiki/Guntur), India.[[17]](https://en.wikipedia.org/wiki/Helium#cite_note-frnch-17)[[18]](https://en.wikipedia.org/wiki/Helium#cite_note-nbb-18) This line was initially assumed to be [sodium](https://en.wikipedia.org/wiki/Sodium). On October 20 of the same year, English astronomer, [Norman Lockyer](https://en.wikipedia.org/wiki/Norman_Lockyer), observed a yellow line in the solar spectrum, which, he named the D3 because it was near the known D1 and D2 [Fraunhofer line](https://en.wikipedia.org/wiki/Fraunhofer_line) lines of sodium.[[19]](https://en.wikipedia.org/wiki/Helium#cite_note-Lockyer_1868-19)[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20) He concluded that it was caused by an element in the Sun unknown on Earth. Lockyer and English chemist [Edward Frankland](https://en.wikipedia.org/wiki/Edward_Frankland) named the element with the Greek word for the Sun, ἥλιος ([*helios*](https://en.wikipedia.org/wiki/Helios)).[[21]](https://en.wikipedia.org/wiki/Helium#cite_note-21)[[22]](https://en.wikipedia.org/wiki/Helium#cite_note-22)



Spectral lines of helium

In 1881, Italian physicist [Luigi Palmieri](https://en.wikipedia.org/wiki/Luigi_Palmieri) detected helium on Earth for the first time through its D3 spectral line, when he analyzed a material that had been [sublimated](https://en.wikipedia.org/wiki/Sublimation_%28phase_transition%29) during a recent eruption of [Mount Vesuvius](https://en.wikipedia.org/wiki/Mount_Vesuvius).[[23]](https://en.wikipedia.org/wiki/Helium#cite_note-Palmieri_1881-23)



Sir [William Ramsay](https://en.wikipedia.org/wiki/William_Ramsay), the discoverer of terrestrial helium



The cleveite sample from which Ramsay first purified helium.[[24]](https://en.wikipedia.org/wiki/Helium#cite_note-Kirk-24)

On March 26, 1895, Scottish chemist, [Sir William Ramsay](https://en.wikipedia.org/wiki/William_Ramsay), isolated helium on Earth by treating the mineral [cleveite](https://en.wikipedia.org/wiki/Cleveite) (a variety of [uraninite](https://en.wikipedia.org/wiki/Uraninite) with at least 10% [rare earth elements](https://en.wikipedia.org/wiki/Rare_earth_elements)) with mineral [acids](https://en.wikipedia.org/wiki/Acid). Ramsay was looking for [argon](https://en.wikipedia.org/wiki/Argon) but, after separating [nitrogen](https://en.wikipedia.org/wiki/Nitrogen) and [oxygen](https://en.wikipedia.org/wiki/Oxygen) from the gas, liberated by [sulfuric acid](https://en.wikipedia.org/wiki/Sulfuric_acid), he noticed a bright yellow line that matched the D3 line observed in the spectrum of the Sun.[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20)[[25]](https://en.wikipedia.org/wiki/Helium#cite_note-25)[[26]](https://en.wikipedia.org/wiki/Helium#cite_note-26)[[27]](https://en.wikipedia.org/wiki/Helium#cite_note-27) These samples were identified as helium, by Lockyer, and British physicist [William Crookes](https://en.wikipedia.org/wiki/William_Crookes).[[28]](https://en.wikipedia.org/wiki/Helium#cite_note-28)[[29]](https://en.wikipedia.org/wiki/Helium#cite_note-29) It was independently isolated from cleveite, in the same year, by chemists, [Per Teodor Cleve](https://en.wikipedia.org/wiki/Per_Teodor_Cleve) and [Abraham Langlet](https://en.wikipedia.org/wiki/Abraham_Langlet), in [Uppsala](https://en.wikipedia.org/wiki/Uppsala), Sweden, who collected enough of the gas to accurately determine its [atomic weight](https://en.wikipedia.org/wiki/Atomic_weight).[[18]](https://en.wikipedia.org/wiki/Helium#cite_note-nbb-18)[[30]](https://en.wikipedia.org/wiki/Helium#cite_note-30)[[31]](https://en.wikipedia.org/wiki/Helium#cite_note-31) Helium was also isolated by the American geochemist, [William Francis Hillebrand](https://en.wikipedia.org/wiki/William_Francis_Hillebrand), prior to Ramsay's discovery, when he noticed unusual spectral lines while testing a sample of the mineral uraninite. Hillebrand, however, attributed the lines to nitrogen.[[32]](https://en.wikipedia.org/wiki/Helium#cite_note-32) His letter of congratulations to Ramsay offers an interesting case of discovery, and near-discovery, in science.[[33]](https://en.wikipedia.org/wiki/Helium#cite_note-33)

In 1907, [Ernest Rutherford](https://en.wikipedia.org/wiki/Ernest_Rutherford) and [Thomas Royds](https://en.wikipedia.org/wiki/Thomas_Royds) demonstrated that [alpha particles](https://en.wikipedia.org/wiki/Alpha_particle) are helium [nuclei](https://en.wikipedia.org/wiki/Atomic_nucleus), by allowing the particles to penetrate the thin, glass wall of an evacuated tube, then creating a discharge in the tube, to study the spectrum of the new gas inside.[[34]](https://en.wikipedia.org/wiki/Helium#cite_note-34) In 1908, helium was first liquefied by Dutch physicist [Heike Kamerlingh Onnes](https://en.wikipedia.org/wiki/Heike_Kamerlingh_Onnes) by cooling the gas to less than five [Kelvin](https://en.wikipedia.org/wiki/Kelvin).[[35]](https://en.wikipedia.org/wiki/Helium#cite_note-35)[[36]](https://en.wikipedia.org/wiki/Helium#cite_note-36) He tried to solidify it, by further reducing the temperature, but failed, because helium does not solidify at atmospheric pressure. Onnes' student [Willem Hendrik Keesom](https://en.wikipedia.org/wiki/Willem_Hendrik_Keesom) was eventually able to solidify 1 cm3 of helium in 1926 by applying additional external pressure.[[37]](https://en.wikipedia.org/wiki/Helium#cite_note-37)[[38]](https://en.wikipedia.org/wiki/Helium#cite_note-38)

In 1913, [Niels Bohr](https://en.wikipedia.org/wiki/Niels_Bohr) published his "trilogy"[[39]](https://en.wikipedia.org/wiki/Helium#cite_note-Hoyer-39)[[40]](https://en.wikipedia.org/wiki/Helium#cite_note-40) on atomic structure that included a reconsideration of the [Pickering–Fowler series](https://en.wikipedia.org/wiki/Pickering%E2%80%93Fowler_series) as central evidence in support of his [model of the atom](https://en.wikipedia.org/wiki/Bohr_model).[[41]](https://en.wikipedia.org/wiki/Helium#cite_note-41)[[42]](https://en.wikipedia.org/wiki/Helium#cite_note-Robotti-42) This series is named for [Edward Charles Pickering](https://en.wikipedia.org/wiki/Edward_Charles_Pickering), who in 1896 published observations of previously unknown lines in the spectrum of the star [ζ Puppis](https://en.wikipedia.org/wiki/Zeta_Puppis)[[43]](https://en.wikipedia.org/wiki/Helium#cite_note-43) (these are now known to occur with [Wolf–Rayet](https://en.wikipedia.org/wiki/Wolf-Rayet_star) and other hot stars).[[44]](https://en.wikipedia.org/wiki/Helium#cite_note-44) Pickering attributed the observation (lines at 4551, 5411, and 10123 [Å](https://en.wikipedia.org/wiki/%C3%85ngstr%C3%B6m)) to a new form of hydrogen with half-integer transition levels.[[45]](https://en.wikipedia.org/wiki/Helium#cite_note-45)[[46]](https://en.wikipedia.org/wiki/Helium#cite_note-46) In 1912, [Alfred Fowler](https://en.wikipedia.org/wiki/Alfred_Fowler)[[47]](https://en.wikipedia.org/wiki/Helium#cite_note-47) managed to produce similar lines from a hydrogen-helium mixture, and supported Pickering's conclusion as to their origin.[[48]](https://en.wikipedia.org/wiki/Helium#cite_note-48) Bohr's model does not allow for half-integer transitions (nor does quantum mechanics) and Bohr concluded that Pickering and Fowler were wrong, and instead assigned these spectral lines to ionised helium, He+.[[49]](https://en.wikipedia.org/wiki/Helium#cite_note-49) Fowler was initially skeptical[[50]](https://en.wikipedia.org/wiki/Helium#cite_note-50) but was ultimately convinced[[51]](https://en.wikipedia.org/wiki/Helium#cite_note-51) that Bohr was correct,[[39]](https://en.wikipedia.org/wiki/Helium#cite_note-Hoyer-39) and by 1915 "spectroscopists had transferred [the Pickering–Fowler series] definitively [from hydrogen] to helium."[[42]](https://en.wikipedia.org/wiki/Helium#cite_note-Robotti-42)[[52]](https://en.wikipedia.org/wiki/Helium#cite_note-52) Bohr's theoretical work on the Pickering series had demonstrated the need for "a re-examination of problems that seemed already to have been solved within classical theories" and provided important confirmation for his atomic theory.[[42]](https://en.wikipedia.org/wiki/Helium#cite_note-Robotti-42)

In 1938, Russian physicist [Pyotr Leonidovich Kapitsa](https://en.wikipedia.org/wiki/Pyotr_Leonidovich_Kapitsa) discovered that [helium-4](https://en.wikipedia.org/wiki/Helium-4) has almost no [viscosity](https://en.wikipedia.org/wiki/Viscosity) at temperatures near [absolute zero](https://en.wikipedia.org/wiki/Absolute_zero), a phenomenon now called [superfluidity](https://en.wikipedia.org/wiki/Superfluidity).[[53]](https://en.wikipedia.org/wiki/Helium#cite_note-53) This phenomenon is related to [Bose–Einstein condensation](https://en.wikipedia.org/wiki/Bose%E2%80%93Einstein_condensation). In 1972, the same phenomenon was observed in [helium-3](https://en.wikipedia.org/wiki/Helium-3), but at temperatures much closer to absolute zero, by American physicists [Douglas D. Osheroff](https://en.wikipedia.org/wiki/Douglas_D._Osheroff), [David M. Lee](https://en.wikipedia.org/wiki/David_M._Lee), and [Robert C. Richardson](https://en.wikipedia.org/wiki/Robert_Coleman_Richardson). The phenomenon in helium-3 is thought to be related to pairing of helium-3 [fermions](https://en.wikipedia.org/wiki/Fermion) to make [bosons](https://en.wikipedia.org/wiki/Boson), in analogy to [Cooper pairs](https://en.wikipedia.org/wiki/Cooper_pairs) of electrons producing [superconductivity](https://en.wikipedia.org/wiki/Superconductivity).[[54]](https://en.wikipedia.org/wiki/Helium#cite_note-54)

**Extraction and use**



Historical marker, denoting a massive helium find near [Dexter, Kansas](https://en.wikipedia.org/wiki/Dexter%2C_Kansas)

After an oil drilling operation in 1903 in [Dexter, Kansas](https://en.wikipedia.org/wiki/Dexter%2C_Kansas) produced a gas geyser that would not burn, Kansas state geologist [Erasmus Haworth](https://en.wikipedia.org/wiki/Erasmus_Haworth) collected samples of the escaping gas and took them back to the [University of Kansas](https://en.wikipedia.org/wiki/University_of_Kansas) at Lawrence where, with the help of chemists [Hamilton Cady](https://en.wikipedia.org/wiki/Hamilton_Cady) and David McFarland, he discovered that the gas consisted of, by volume, 72% nitrogen, 15% [methane](https://en.wikipedia.org/wiki/Methane) (a [combustible](https://en.wikipedia.org/wiki/Combustible) percentage only with sufficient oxygen), 1% [hydrogen](https://en.wikipedia.org/wiki/Hydrogen), and 12% an unidentifiable gas.[[18]](https://en.wikipedia.org/wiki/Helium#cite_note-nbb-18)[[55]](https://en.wikipedia.org/wiki/Helium#cite_note-55) With further analysis, Cady and McFarland discovered that 1.84% of the gas sample was helium.[[56]](https://en.wikipedia.org/wiki/Helium#cite_note-56)[[57]](https://en.wikipedia.org/wiki/Helium#cite_note-57) This showed that despite its overall rarity on Earth, helium was concentrated in large quantities under the [American Great Plains](https://en.wikipedia.org/wiki/American_Great_Plains), available for extraction as a byproduct of [natural gas](https://en.wikipedia.org/wiki/Natural_gas).[[58]](https://en.wikipedia.org/wiki/Helium#cite_note-58)

This enabled the United States to become the world's leading supplier of helium. Following a suggestion by Sir [Richard Threlfall](https://en.wikipedia.org/wiki/Richard_Threlfall), the [United States Navy](https://en.wikipedia.org/wiki/United_States_Navy) sponsored three small experimental helium plants during World War I. The goal was to supply [barrage balloons](https://en.wikipedia.org/wiki/Barrage_balloon) with the non-flammable, lighter-than-air gas. A total of 5,700 m3 (200,000 cu ft) of 92% helium was produced in the program even though less than a cubic meter of the gas had previously been obtained.[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20) Some of this gas was used in the world's first helium-filled airship, the U.S. Navy's [C-class blimp](https://en.wikipedia.org/wiki/C-class_blimp) C-7, which flew its maiden voyage from [Hampton Roads, Virginia](https://en.wikipedia.org/wiki/Hampton_Roads%2C_Virginia), to [Bolling Field](https://en.wikipedia.org/wiki/Bolling_Field) in Washington, D.C., on December 1, 1921,[[59]](https://en.wikipedia.org/wiki/Helium#cite_note-59) nearly two years before the Navy's first *rigid* helium-filled airship, the [Naval Aircraft Factory](https://en.wikipedia.org/wiki/Naval_Aircraft_Factory)-built [*USS Shenandoah*](https://en.wikipedia.org/wiki/USS_Shenandoah_%28ZR-1%29), flew in September 1923.

Although the extraction process using low-temperature [gas liquefaction](https://en.wikipedia.org/wiki/Gas_liquefaction) was not developed in time to be significant during World War I, production continued. Helium was primarily used as a [lifting gas](https://en.wikipedia.org/wiki/Lifting_gas) in lighter-than-air craft. During World War II, the demand increased for helium for lifting gas and for shielded arc [welding](https://en.wikipedia.org/wiki/Welding). The [helium mass spectrometer](https://en.wikipedia.org/wiki/Helium_mass_spectrometer) was also vital in the atomic bomb [Manhattan Project](https://en.wikipedia.org/wiki/Manhattan_Project).[[60]](https://en.wikipedia.org/wiki/Helium#cite_note-60)

The [government of the United States](https://en.wikipedia.org/wiki/Government_of_the_United_States) set up the [National Helium Reserve](https://en.wikipedia.org/wiki/National_Helium_Reserve) in 1925 at [Amarillo, Texas](https://en.wikipedia.org/wiki/Amarillo%2C_Texas), with the goal of supplying military [airships](https://en.wikipedia.org/wiki/Airship) in time of war and commercial airships in peacetime.[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20) Because of the [Helium Act of 1925](https://en.wikipedia.org/wiki/Helium_Act_of_1925), which banned the export of scarce helium on which the US then had a production monopoly, together with the prohibitive cost of the gas, the [Hindenburg](https://en.wikipedia.org/wiki/LZ_129_Hindenburg), like all German [Zeppelins](https://en.wikipedia.org/wiki/Zeppelin), was forced to use hydrogen as the lift gas. The helium market after World War II was depressed but the reserve was expanded in the 1950s to ensure a supply of [liquid helium](https://en.wikipedia.org/wiki/Liquid_helium) as a coolant to create oxygen/hydrogen [rocket fuel](https://en.wikipedia.org/wiki/Rocket_fuel) (among other uses) during the [Space Race](https://en.wikipedia.org/wiki/Space_Race) and [Cold War](https://en.wikipedia.org/wiki/Cold_War). Helium use in the United States in 1965 was more than eight times the peak wartime consumption.[[61]](https://en.wikipedia.org/wiki/Helium#cite_note-61)

After the "Helium Acts Amendments of 1960" (Public Law 86–777), the [U.S. Bureau of Mines](https://en.wikipedia.org/wiki/United_States_Bureau_of_Mines) arranged for five private plants to recover helium from natural gas. For this *helium conservation* program, the Bureau built a 425-mile (684 km) pipeline from [Bushton, Kansas](https://en.wikipedia.org/wiki/Bushton%2C_Kansas), to connect those plants with the government's partially depleted Cliffside gas field near Amarillo, Texas. This helium-nitrogen mixture was injected and stored in the Cliffside gas field until needed, at which time it was further purified.[[62]](https://en.wikipedia.org/wiki/Helium#cite_note-62)

By 1995, a billion cubic meters of the gas had been collected and the reserve was US$1.4 billion in debt, prompting the [Congress of the United States](https://en.wikipedia.org/wiki/Congress_of_the_United_States) in 1996 to phase out the reserve.[[18]](https://en.wikipedia.org/wiki/Helium#cite_note-nbb-18)[[63]](https://en.wikipedia.org/wiki/Helium#cite_note-stwertka-63) The resulting [Helium Privatization Act of 1996](https://en.wikipedia.org/wiki/Helium_Privatization_Act_of_1996)[[64]](https://en.wikipedia.org/wiki/Helium#cite_note-64) (Public Law 104–273) directed the [United States Department of the Interior](https://en.wikipedia.org/wiki/United_States_Department_of_the_Interior) to empty the reserve, with sales starting by 2005.[[65]](https://en.wikipedia.org/wiki/Helium#cite_note-65)

Helium produced between 1930 and 1945 was about 98.3% pure (2% nitrogen), which was adequate for airships. In 1945, a small amount of 99.9% helium was produced for welding use. By 1949, commercial quantities of Grade A 99.95% helium were available.[[66]](https://en.wikipedia.org/wiki/Helium#cite_note-66)

For many years, the United States produced more than 90% of commercially usable helium in the world, while extraction plants in Canada, Poland, Russia, and other nations produced the remainder. In the mid-1990s, a new plant in [Arzew](https://en.wikipedia.org/wiki/Arzew), Algeria, producing 17 million cubic meters (600 million cubic feet) began operation, with enough production to cover all of Europe's demand. Meanwhile, by 2000, the consumption of helium within the U.S. had risen to more than 15 million kg per year.[[67]](https://en.wikipedia.org/wiki/Helium#cite_note-67) In 2004–2006, additional plants in [Ras Laffan](https://en.wikipedia.org/wiki/Ras_Laffan_Industrial_City), [Qatar](https://en.wikipedia.org/wiki/Qatar), and [Skikda](https://en.wikipedia.org/wiki/Skikda), Algeria were built. Algeria quickly became the second leading producer of helium.[[68]](https://en.wikipedia.org/wiki/Helium#cite_note-wwsupply-68) Through this time, both helium consumption and the costs of producing helium increased.[[69]](https://en.wikipedia.org/wiki/Helium#cite_note-Kaplan2007-69) From 2002 to 2007 helium prices doubled.[[70]](https://en.wikipedia.org/wiki/Helium#cite_note-Basu2007-70)

As of 2012, the [United States National Helium Reserve](https://en.wikipedia.org/wiki/National_Helium_Reserve) accounted for 30 percent of the world's helium.[[71]](https://en.wikipedia.org/wiki/Helium#cite_note-Newcomb-71) The reserve was expected to run out of helium in 2018.[[71]](https://en.wikipedia.org/wiki/Helium#cite_note-Newcomb-71) Despite that, a proposed bill in the [United States Senate](https://en.wikipedia.org/wiki/United_States_Senate) would allow the reserve to continue to sell the gas. Other large reserves were in the [Hugoton](https://en.wikipedia.org/wiki/Hugoton_Natural_Gas_Area) in [Kansas](https://en.wikipedia.org/wiki/Kansas), United States, and nearby gas fields of Kansas and the [panhandles](https://en.wikipedia.org/wiki/Panhandles) of [Texas](https://en.wikipedia.org/wiki/Texas) and [Oklahoma](https://en.wikipedia.org/wiki/Oklahoma). New helium plants were scheduled to open in 2012 in [Qatar](https://en.wikipedia.org/wiki/Qatar), Russia, and the US state of [Wyoming](https://en.wikipedia.org/wiki/Wyoming), but they were not expected to ease the shortage.[[71]](https://en.wikipedia.org/wiki/Helium#cite_note-Newcomb-71)

In 2013, Qatar started up the world's largest helium unit,[[72]](https://en.wikipedia.org/wiki/Helium#cite_note-72) although the [2017 Qatar diplomatic crisis](https://en.wikipedia.org/wiki/2017_Qatar_diplomatic_crisis) severely affected helium production there.[[73]](https://en.wikipedia.org/wiki/Helium#cite_note-73) 2014 was widely acknowledged to be a year of over-supply in the helium business, following years of renowned shortages.[[74]](https://en.wikipedia.org/wiki/Helium#cite_note-74) Nasdaq reported (2015) that for [Air Products](https://en.wikipedia.org/wiki/Air_Products_%26_Chemicals), an international corporation that sells gases for industrial use, helium volumes remain under economic pressure due to feedstock supply constraints.[[75]](https://en.wikipedia.org/wiki/Helium#cite_note-75)

Characteristics

**The helium atom**

*Main article:*[*Helium atom*](https://en.wikipedia.org/wiki/Helium_atom)



**The helium atom.** Depicted are the [nucleus](https://en.wikipedia.org/wiki/Atomic_nucleus) (pink) and the [electron cloud](https://en.wikipedia.org/wiki/Electron_cloud) distribution (black). The nucleus (upper right) in helium-4 is in reality spherically symmetric and closely resembles the electron cloud, although for more complicated nuclei this is not always the case.

**Helium in quantum mechanics**

In the perspective of [quantum mechanics](https://en.wikipedia.org/wiki/Quantum_mechanics), helium is the second simplest [atom](https://en.wikipedia.org/wiki/Atom) to model, following the [hydrogen atom](https://en.wikipedia.org/wiki/Hydrogen_atom). Helium is composed of two electrons in [atomic orbitals](https://en.wikipedia.org/wiki/Atomic_orbital) surrounding a nucleus containing two protons and (usually) two neutrons. As in Newtonian mechanics, no system that consists of more than two particles can be solved with an exact analytical mathematical approach (see [3-body problem](https://en.wikipedia.org/wiki/3-body_problem)) and helium is no exception. Thus, numerical mathematical methods are required, even to solve the system of one nucleus and two electrons. Such [computational chemistry](https://en.wikipedia.org/wiki/Computational_chemistry) methods have been used to create a quantum mechanical picture of helium electron binding which is accurate to within < 2% of the correct value, in a few computational steps.[[76]](https://en.wikipedia.org/wiki/Helium#cite_note-76) Such models show that each electron in helium partly screens the nucleus from the other, so that the effective nuclear charge *Z* which each electron sees, is about 1.69 units, not the 2 charges of a classic "bare" helium nucleus.

**The related stability of the helium-4 nucleus and electron shell**

The nucleus of the helium-4 atom is identical with an [alpha particle](https://en.wikipedia.org/wiki/Alpha_particle). High-energy electron-scattering experiments show its charge to decrease exponentially from a maximum at a central point, exactly as does the charge density of helium's own [electron cloud](https://en.wikipedia.org/wiki/Electron_cloud). This symmetry reflects similar underlying physics: the pair of neutrons and the pair of protons in helium's nucleus obey the same quantum mechanical rules as do helium's pair of electrons (although the nuclear particles are subject to a different nuclear binding potential), so that all these [fermions](https://en.wikipedia.org/wiki/Fermion) fully occupy [1s](https://en.wikipedia.org/w/index.php?title=1s1s&action=edit&redlink=1) orbitals in pairs, none of them possessing orbital angular momentum, and each cancelling the other's intrinsic spin. Adding another of any of these particles would require angular momentum and would release substantially less energy (in fact, no nucleus with five nucleons is stable). This arrangement is thus energetically extremely stable for all these particles, and this stability accounts for many crucial facts regarding helium in nature.

For example, the stability and low energy of the electron cloud state in helium accounts for the element's chemical inertness, and also the lack of interaction of helium atoms with each other, producing the lowest melting and boiling points of all the elements.

In a similar way, the particular energetic stability of the helium-4 nucleus, produced by similar effects, accounts for the ease of helium-4 production in atomic reactions that involve either heavy-particle emission or fusion. Some stable helium-3 (2 protons and 1 neutron) is produced in fusion reactions from hydrogen, but it is a very small fraction compared to the highly favorable helium-4.



Binding energy per nucleon of common isotopes. The binding energy per particle of helium-4 is significantly larger than all nearby nuclides.

The unusual stability of the helium-4 nucleus is also important [cosmologically](https://en.wikipedia.org/wiki/Cosmology): it explains the fact that in the first few minutes after the [Big Bang](https://en.wikipedia.org/wiki/Big_Bang), as the "soup" of free protons and neutrons which had initially been created in about 6:1 ratio cooled to the point that nuclear binding was possible, almost all first compound atomic nuclei to form were helium-4 nuclei. So tight was helium-4 binding that helium-4 production consumed nearly all of the free neutrons in a few minutes, before they could beta-decay, and also leaving few to form heavier atoms such as lithium, beryllium, or boron. Helium-4 nuclear binding per nucleon is stronger than in any of these elements (see [nucleogenesis](https://en.wikipedia.org/wiki/Nucleogenesis) and [binding energy](https://en.wikipedia.org/wiki/Binding_energy)) and thus, once helium had been formed, no energetic drive was available to make elements 3, 4 and 5. It was barely energetically favorable for helium to fuse into the next element with a lower energy per [nucleon](https://en.wikipedia.org/wiki/Nucleon), carbon. However, due to lack of intermediate elements, this process requires three helium nuclei striking each other nearly simultaneously (see [triple alpha process](https://en.wikipedia.org/wiki/Triple_alpha_process)). There was thus no time for significant carbon to be formed in the few minutes after the Big Bang, before the early expanding universe cooled to the temperature and pressure point where helium fusion to carbon was no longer possible. This left the early universe with a very similar ratio of hydrogen/helium as is observed today (3 parts hydrogen to 1 part helium-4 by mass), with nearly all the neutrons in the universe trapped in helium-4.

All heavier elements (including those necessary for rocky planets like the Earth, and for carbon-based or other life) have thus been created since the Big Bang in stars which were hot enough to fuse helium itself. All elements other than hydrogen and helium today account for only 2% of the mass of atomic matter in the universe. Helium-4, by contrast, makes up about 23% of the universe's ordinary matter—nearly all the ordinary matter that is not hydrogen.

**Gas and plasma phases**



Helium discharge tube shaped like the element's atomic symbol

Helium is the second least reactive noble gas after [neon](https://en.wikipedia.org/wiki/Neon), and thus the second least reactive of all elements.[[77]](https://en.wikipedia.org/wiki/Helium#cite_note-77) It is [chemically inert](https://en.wikipedia.org/wiki/Chemically_inert) and monatomic in all standard conditions. Because of helium's relatively low molar (atomic) mass, its [thermal conductivity](https://en.wikipedia.org/wiki/Thermal_conductivity), [specific heat](https://en.wikipedia.org/wiki/Specific_heat), and [sound speed](https://en.wikipedia.org/wiki/Speed_of_sound) in the gas phase are all greater than any other gas except [hydrogen](https://en.wikipedia.org/wiki/Hydrogen). For these reasons and the small size of helium monatomic molecules, helium [diffuses](https://en.wikipedia.org/wiki/Diffusion) through solids at a rate three times that of air and around 65% that of hydrogen.[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20)

Helium is the least water-[soluble](https://en.wikipedia.org/wiki/Solubility) monatomic gas,[[78]](https://en.wikipedia.org/wiki/Helium#cite_note-78) and one of the least water-soluble of any gas ([CF4](https://en.wikipedia.org/wiki/Tetrafluoromethane), [SF6](https://en.wikipedia.org/wiki/Sulfur_hexafluoride), and [C4F8](https://en.wikipedia.org/wiki/Octafluorocyclobutane) have lower mole fraction solubilities: 0.3802, 0.4394, and 0.2372 x2/10−5, respectively, versus helium's 0.70797 x2/10−5),[[79]](https://en.wikipedia.org/wiki/Helium#cite_note-79) and helium's [index of refraction](https://en.wikipedia.org/wiki/Index_of_refraction) is closer to unity than that of any other gas.[[80]](https://en.wikipedia.org/wiki/Helium#cite_note-80) Helium has a negative [Joule–Thomson coefficient](https://en.wikipedia.org/wiki/Joule%E2%80%93Thomson_coefficient) at normal ambient temperatures, meaning it heats up when allowed to freely expand. Only below its [Joule–Thomson inversion temperature](https://en.wikipedia.org/wiki/Joule%E2%80%93Thomson_inversion_temperature) (of about 32 to 50 K at 1 atmosphere) does it cool upon free expansion.[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20) Once precooled below this temperature, helium can be liquefied through expansion cooling.

Most extraterrestrial helium is found in a [plasma](https://en.wikipedia.org/wiki/Plasma_%28physics%29) state, with properties quite different from those of atomic helium. In a plasma, helium's electrons are not bound to its nucleus, resulting in very high electrical conductivity, even when the gas is only partially ionized. The charged particles are highly influenced by magnetic and electric fields. For example, in the [solar wind](https://en.wikipedia.org/wiki/Solar_wind) together with ionized hydrogen, the particles interact with the Earth's [magnetosphere](https://en.wikipedia.org/wiki/Magnetosphere), giving rise to [Birkeland currents](https://en.wikipedia.org/wiki/Birkeland_current) and the [aurora](https://en.wikipedia.org/wiki/Aurora).[[81]](https://en.wikipedia.org/wiki/Helium#cite_note-81)

**Liquid helium**



Liquefied helium. This helium is not only liquid, but has been cooled to the point of [superfluidity](https://en.wikipedia.org/wiki/Superfluid). The drop of liquid at the bottom of the glass represents helium spontaneously escaping from the container over the side, to empty out of the container. The energy to drive this process is supplied by the potential energy of the falling helium.

*Main article:*[*Liquid helium*](https://en.wikipedia.org/wiki/Liquid_helium)

Unlike any other element, helium will remain liquid down to [absolute zero](https://en.wikipedia.org/wiki/Absolute_zero) at normal pressures. This is a direct effect of quantum mechanics: specifically, the [zero point energy](https://en.wikipedia.org/wiki/Zero_point_energy) of the system is too high to allow freezing. Solid helium requires a temperature of 1–1.5 K (about −272 °C or −457 °F) at about 25 bar (2.5 MPa) of pressure.[[82]](https://en.wikipedia.org/wiki/Helium#cite_note-82) It is often hard to distinguish solid from liquid helium since the [refractive index](https://en.wikipedia.org/wiki/Refractive_index) of the two phases are nearly the same. The solid has a sharp [melting point](https://en.wikipedia.org/wiki/Melting_point) and has a [crystalline](https://en.wikipedia.org/wiki/Crystal) structure, but it is highly [compressible](https://en.wikipedia.org/wiki/Compressibility); applying pressure in a laboratory can decrease its volume by more than 30%.[[83]](https://en.wikipedia.org/wiki/Helium#cite_note-LANL.gov-83) With a [bulk modulus](https://en.wikipedia.org/wiki/Bulk_modulus) of about 27 [MPa](https://en.wikipedia.org/wiki/Megapascal)[[84]](https://en.wikipedia.org/wiki/Helium#cite_note-84) it is ~100 times more compressible than water. Solid helium has a density of 0.214±0.006 g/cm3 at 1.15 K and 66 atm; the projected density at 0 K and 25 bar (2.5 MPa) is 0.187±0.009 g/cm3.[[85]](https://en.wikipedia.org/wiki/Helium#cite_note-85) At higher temperatures, helium will solidify with sufficient pressure. At room temperature, this requires about 114,000 atm.[[86]](https://en.wikipedia.org/wiki/Helium#cite_note-chemicool-86)

**Helium I**

Below its [boiling point](https://en.wikipedia.org/wiki/Boiling_point) of 4.22 kelvins and above the [lambda point](https://en.wikipedia.org/wiki/Lambda_point) of 2.1768 kelvins, the [isotope](https://en.wikipedia.org/wiki/Isotope) helium-4 exists in a normal colorless liquid state, called *helium I*.[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20) Like other [cryogenic](https://en.wikipedia.org/wiki/Cryogenic) liquids, helium I boils when it is heated and contracts when its temperature is lowered. Below the lambda point, however, helium does not boil, and it expands as the temperature is lowered further.

Helium I has a gas-like [index of refraction](https://en.wikipedia.org/wiki/Index_of_refraction) of 1.026 which makes its surface so hard to see that floats of [Styrofoam](https://en.wikipedia.org/wiki/Expanded_polystyrene) are often used to show where the surface is.[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20) This colorless liquid has a very low [viscosity](https://en.wikipedia.org/wiki/Viscosity) and a density of 0.145–0.125 g/mL (between about 0 and 4 K),[[87]](https://en.wikipedia.org/wiki/Helium#cite_note-crc6120-87) which is only one-fourth the value expected from [classical physics](https://en.wikipedia.org/wiki/Classical_physics).[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20) [Quantum mechanics](https://en.wikipedia.org/wiki/Quantum_mechanics) is needed to explain this property and thus both states of liquid helium (helium I and helium II) are called *quantum fluids*, meaning they display atomic properties on a macroscopic scale. This may be an effect of its boiling point being so close to absolute zero, preventing random molecular motion ([thermal energy](https://en.wikipedia.org/wiki/Thermal_energy)) from masking the atomic properties.[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20)

**Helium II**

*Main article:*[*Superfluid helium-4*](https://en.wikipedia.org/wiki/Superfluid_helium-4)

Liquid helium below its lambda point (called *helium II*) exhibits very unusual characteristics. Due to its high [thermal conductivity](https://en.wikipedia.org/wiki/Thermal_conductivity), when it boils, it does not bubble but rather evaporates directly from its surface. [Helium-3](https://en.wikipedia.org/wiki/Helium-3) also has a [superfluid](https://en.wikipedia.org/wiki/Superfluid) phase, but only at much lower temperatures; as a result, less is known about the properties of the isotope.[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20)



Unlike ordinary liquids, helium II will creep along surfaces in order to reach an equal level; after a short while, the levels in the two containers will equalize. The [Rollin film](https://en.wikipedia.org/wiki/Rollin_film) also covers the interior of the larger container; if it were not sealed, the helium II would creep out and escape.[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20)

Helium II is a superfluid, a quantum mechanical state (see: [macroscopic quantum phenomena](https://en.wikipedia.org/wiki/Macroscopic_quantum_phenomena)) of matter with strange properties. For example, when it flows through capillaries as thin as 10−7 to 10−8 m it has no measurable [viscosity](https://en.wikipedia.org/wiki/Viscosity).[[18]](https://en.wikipedia.org/wiki/Helium#cite_note-nbb-18) However, when measurements were done between two moving discs, a viscosity comparable to that of gaseous helium was observed. Current theory explains this using the *two-fluid model* for helium II. In this model, liquid helium below the lambda point is viewed as containing a proportion of helium atoms in a [ground state](https://en.wikipedia.org/wiki/Ground_state), which are superfluid and flow with exactly zero viscosity, and a proportion of helium atoms in an excited state, which behave more like an ordinary fluid.[[88]](https://en.wikipedia.org/wiki/Helium#cite_note-88)

In the *fountain effect*, a chamber is constructed which is connected to a reservoir of helium II by a [sintered](https://en.wikipedia.org/wiki/Sintering) disc through which superfluid helium leaks easily but through which non-superfluid helium cannot pass. If the interior of the container is heated, the superfluid helium changes to non-superfluid helium. In order to maintain the equilibrium fraction of superfluid helium, superfluid helium leaks through and increases the pressure, causing liquid to fountain out of the container.[[89]](https://en.wikipedia.org/wiki/Helium#cite_note-89)

The thermal conductivity of helium II is greater than that of any other known substance, a million times that of helium I and several hundred times that of [copper](https://en.wikipedia.org/wiki/Copper).[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20) This is because heat conduction occurs by an exceptional quantum mechanism. Most materials that conduct heat well have a [valence band](https://en.wikipedia.org/wiki/Valence_band) of free electrons which serve to transfer the heat. Helium II has no such valence band but nevertheless conducts heat well. The [flow of heat](https://en.wikipedia.org/wiki/Heat_transfer) is governed by equations that are similar to the [wave equation](https://en.wikipedia.org/wiki/Wave_equation) used to characterize sound propagation in air. When heat is introduced, it moves at 20 meters per second at 1.8 K through helium II as waves in a phenomenon known as [*second sound*](https://en.wikipedia.org/wiki/Second_sound).[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20)

Helium II also exhibits a creeping effect. When a surface extends past the level of helium II, the helium II moves along the surface, against the force of [gravity](https://en.wikipedia.org/wiki/Gravity). Helium II will escape from a vessel that is not sealed by creeping along the sides until it reaches a warmer region where it evaporates. It moves in a 30 [nm](https://en.wikipedia.org/wiki/Nanometre)-thick film regardless of surface material. This film is called a [Rollin film](https://en.wikipedia.org/wiki/Rollin_film) and is named after the man who first characterized this trait, [Bernard V. Rollin](https://en.wikipedia.org/w/index.php?title=Bernard_V._Rollin&action=edit&redlink=1).[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20)[[90]](https://en.wikipedia.org/wiki/Helium#cite_note-90)[[91]](https://en.wikipedia.org/wiki/Helium#cite_note-91) As a result of this creeping behavior and helium II's ability to leak rapidly through tiny openings, it is very difficult to confine liquid helium. Unless the container is carefully constructed, the helium II will creep along the surfaces and through valves until it reaches somewhere warmer, where it will evaporate. Waves propagating across a Rollin film are governed by the same equation as [gravity waves](https://en.wikipedia.org/wiki/Gravity_wave) in shallow water, but rather than gravity, the restoring force is the [van der Waals force](https://en.wikipedia.org/wiki/Van_der_Waals_force).[[92]](https://en.wikipedia.org/wiki/Helium#cite_note-92) These waves are known as [*third sound*](https://en.wikipedia.org/wiki/Third_sound).[[93]](https://en.wikipedia.org/wiki/Helium#cite_note-93)

**Isotopes**

*Main article:*[*Isotopes of helium*](https://en.wikipedia.org/wiki/Isotopes_of_helium)

There are nine known [isotopes](https://en.wikipedia.org/wiki/Isotope) of helium, but only [helium-3](https://en.wikipedia.org/wiki/Helium-3) and [helium-4](https://en.wikipedia.org/wiki/Helium-4) are [stable](https://en.wikipedia.org/wiki/Stable_isotope). In the Earth's atmosphere, one atom is 3
He for every million that are 4
He.[[18]](https://en.wikipedia.org/wiki/Helium#cite_note-nbb-18) Unlike most elements, helium's isotopic abundance varies greatly by origin, due to the different formation processes. The most common isotope, helium-4, is produced on Earth by [alpha decay](https://en.wikipedia.org/wiki/Alpha_decay) of heavier radioactive elements; the alpha particles that emerge are fully ionized helium-4 nuclei. Helium-4 is an unusually stable nucleus because its [nucleons](https://en.wikipedia.org/wiki/Nucleon) are arranged into [complete shells](https://en.wikipedia.org/wiki/Nuclear_shell_model). It was also formed in enormous quantities during [Big Bang nucleosynthesis](https://en.wikipedia.org/wiki/Big_Bang_nucleosynthesis).[[94]](https://en.wikipedia.org/wiki/Helium#cite_note-bigbang-94)

Helium-3 is present on Earth only in trace amounts. Most of it has been present since Earth's formation, though some falls to Earth trapped in [cosmic dust](https://en.wikipedia.org/wiki/Cosmic_dust).[[95]](https://en.wikipedia.org/wiki/Helium#cite_note-heliumfundamentals-95) Trace amounts are also produced by the [beta decay](https://en.wikipedia.org/wiki/Beta_decay) of [tritium](https://en.wikipedia.org/wiki/Tritium).[[96]](https://en.wikipedia.org/wiki/Helium#cite_note-96) Rocks from the Earth's crust have isotope ratios varying by as much as a factor of ten, and these ratios can be used to investigate the origin of rocks and the composition of the Earth's [mantle](https://en.wikipedia.org/wiki/Mantle_%28geology%29).[[95]](https://en.wikipedia.org/wiki/Helium#cite_note-heliumfundamentals-95) 3
He is much more abundant in stars as a product of nuclear fusion. Thus in the [interstellar medium](https://en.wikipedia.org/wiki/Interstellar_medium), the proportion of 3
He to 4
He is about 100 times higher than on Earth.[[97]](https://en.wikipedia.org/wiki/Helium#cite_note-97) Extraplanetary material, such as [lunar](https://en.wikipedia.org/wiki/Moon) and [asteroid](https://en.wikipedia.org/wiki/Asteroid) [regolith](https://en.wikipedia.org/wiki/Regolith), have trace amounts of helium-3 from being bombarded by [solar winds](https://en.wikipedia.org/wiki/Solar_wind). The [Moon](https://en.wikipedia.org/wiki/Moon)'s surface contains helium-3 at concentrations on the order of 10 [ppb](https://en.wikipedia.org/wiki/Parts_per_billion), much higher than the approximately 5 [ppt](https://en.wikipedia.org/wiki/Parts_per_trillion) found in the Earth's atmosphere.[[98]](https://en.wikipedia.org/wiki/Helium#cite_note-98)[[99]](https://en.wikipedia.org/wiki/Helium#cite_note-99) A number of people, starting with Gerald Kulcinski in 1986,[[100]](https://en.wikipedia.org/wiki/Helium#cite_note-100) have proposed to explore the moon, mine lunar regolith, and use the helium-3 for [fusion](https://en.wikipedia.org/wiki/Nuclear_fusion).

Liquid helium-4 can be cooled to about 1 kelvin using [evaporative cooling](https://en.wikipedia.org/wiki/Evaporative_cooling) in a [1-K pot](https://en.wikipedia.org/wiki/1-K_pot). Similar cooling of helium-3, which has a lower boiling point, can achieve about 0.2 kelvin in a [helium-3 refrigerator](https://en.wikipedia.org/wiki/Helium-3_refrigerator). Equal mixtures of liquid 3
He and 4
He below 0.8 K separate into two immiscible phases due to their dissimilarity (they follow different [quantum statistics](https://en.wikipedia.org/wiki/Quantum_statistics): helium-4 atoms are [bosons](https://en.wikipedia.org/wiki/Boson) while helium-3 atoms are [fermions](https://en.wikipedia.org/wiki/Fermion)).[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20) [Dilution refrigerators](https://en.wikipedia.org/wiki/Dilution_refrigerator) use this immiscibility to achieve temperatures of a few millikelvins.

It is possible to produce [exotic helium isotopes](https://en.wikipedia.org/wiki/Exotic_helium_isotopes), which rapidly decay into other substances. The shortest-lived heavy helium isotope is helium-5 with a [half-life](https://en.wikipedia.org/wiki/Half-life) of 7.6×10−22 s. Helium-6 decays by emitting a [beta particle](https://en.wikipedia.org/wiki/Beta_particle) and has a half-life of 0.8 second. Helium-7 also emits a beta particle as well as a [gamma ray](https://en.wikipedia.org/wiki/Gamma_ray). Helium-7 and helium-8 are created in certain [nuclear reactions](https://en.wikipedia.org/wiki/Nuclear_reaction).[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20) Helium-6 and helium-8 are known to exhibit a [nuclear halo](https://en.wikipedia.org/wiki/Nuclear_halo).[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20)

Compounds

*Main article:*[*Helium compounds*](https://en.wikipedia.org/wiki/Helium_compounds)



Structure of the [helium hydride ion](https://en.wikipedia.org/wiki/Helium_hydride_ion), HHe+



Structure of the suspected fluoroheliate anion, OHeF−

Helium has a [valence](https://en.wikipedia.org/wiki/Valence_%28chemistry%29) of zero and is chemically unreactive under all normal conditions.[[83]](https://en.wikipedia.org/wiki/Helium#cite_note-LANL.gov-83) It is an electrical insulator unless [ionized](https://en.wikipedia.org/wiki/Ion). As with the other noble gases, helium has metastable [energy levels](https://en.wikipedia.org/wiki/Energy_level) that allow it to remain ionized in an electrical discharge with a [voltage](https://en.wikipedia.org/wiki/Voltage) below its [ionization potential](https://en.wikipedia.org/wiki/Ionization_potential).[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20) Helium can form unstable [compounds](https://en.wikipedia.org/wiki/Compound_%28chemistry%29), known as [excimers](https://en.wikipedia.org/wiki/Excimer), with tungsten, iodine, fluorine, sulfur, and phosphorus when it is subjected to a [glow discharge](https://en.wikipedia.org/wiki/Glow_discharge), to electron bombardment, or reduced to [plasma](https://en.wikipedia.org/wiki/Plasma_physics) by other means. The molecular compounds HeNe, HgHe10, and WHe2, and the molecular ions He+
2, He2+
2, [HeH+](https://en.wikipedia.org/wiki/Helium_hydride_ion), and HeD+
 have been created this way.[[101]](https://en.wikipedia.org/wiki/Helium#cite_note-101) HeH+ is also stable in its ground state, but is extremely reactive—it is the strongest [Brønsted acid](https://en.wikipedia.org/wiki/Br%C3%B8nsted%E2%80%93Lowry_acid%E2%80%93base_theory) known, and therefore can exist only in isolation, as it will protonate any molecule or counteranion it contacts. This technique has also produced the neutral molecule He2, which has a large number of [band systems](https://en.wikipedia.org/wiki/Spectral_band), and HgHe, which is apparently held together only by polarization forces.[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20)

[Van der Waals compounds](https://en.wikipedia.org/wiki/Van_der_Waals_compound) of helium can also be formed with cryogenic helium gas and atoms of some other substance, such as [LiHe](https://en.wikipedia.org/wiki/LiHe) and [He2](https://en.wikipedia.org/wiki/Dihelium).[[102]](https://en.wikipedia.org/wiki/Helium#cite_note-fr13-102)

Theoretically, other true compounds may be possible, such as helium fluorohydride (HHeF) which would be analogous to [HArF](https://en.wikipedia.org/wiki/Argon_fluorohydride), discovered in 2000.[[103]](https://en.wikipedia.org/wiki/Helium#cite_note-103) Calculations show that two new compounds containing a helium-oxygen bond could be stable.[[104]](https://en.wikipedia.org/wiki/Helium#cite_note-104) Two new molecular species, predicted using theory, CsFHeO and N(CH3)4FHeO, are derivatives of a metastable FHeO− anion first theorized in 2005 by a group from Taiwan. If confirmed by experiment, the only remaining element with no known stable compounds would be [neon](https://en.wikipedia.org/wiki/Neon).[[105]](https://en.wikipedia.org/wiki/Helium#cite_note-105)

Helium atoms have been inserted into the hollow carbon cage molecules (the [fullerenes](https://en.wikipedia.org/wiki/Fullerene)) by heating under high pressure. The [endohedral fullerene molecules](https://en.wikipedia.org/wiki/Endohedral_fullerene) formed are stable at high temperatures. When chemical derivatives of these fullerenes are formed, the helium stays inside.[[106]](https://en.wikipedia.org/wiki/Helium#cite_note-106) If [helium-3](https://en.wikipedia.org/wiki/Helium-3) is used, it can be readily observed by helium [nuclear magnetic resonance spectroscopy](https://en.wikipedia.org/wiki/Nuclear_magnetic_resonance_spectroscopy).[[107]](https://en.wikipedia.org/wiki/Helium#cite_note-107) Many fullerenes containing helium-3 have been reported. Although the helium atoms are not attached by covalent or ionic bonds, these substances have distinct properties and a definite composition, like all stoichiometric chemical compounds.

Under high pressures helium can form compounds with various other elements. Helium-nitrogen [clathrate](https://en.wikipedia.org/wiki/Clathrate) (He(N2)11) crystals have been grown at room temperature at pressures ca. 10 GPa in a [diamond anvil cell](https://en.wikipedia.org/wiki/Diamond_anvil_cell).[[108]](https://en.wikipedia.org/wiki/Helium#cite_note-108) The [insulating](https://en.wikipedia.org/wiki/Insulator_%28electricity%29) [electride](https://en.wikipedia.org/wiki/Electride) [Na2He](https://en.wikipedia.org/wiki/Disodium_helide) has been shown to be thermodynamically stable at pressures above 113 GPa. It has a [fluorite](https://en.wikipedia.org/wiki/Fluorite) structure.[[109]](https://en.wikipedia.org/wiki/Helium#cite_note-DongOganov2017-109)

Occurrence and production

**Natural abundance**

Although it is rare on Earth, helium is the second most abundant element in the known Universe, constituting 23% of its [baryonic](https://en.wikipedia.org/wiki/Baryon) mass. Only [hydrogen](https://en.wikipedia.org/wiki/Hydrogen) is more abundant.[[18]](https://en.wikipedia.org/wiki/Helium#cite_note-nbb-18) The vast majority of helium was formed by [Big Bang nucleosynthesis](https://en.wikipedia.org/wiki/Big_Bang_nucleosynthesis) one to three minutes after the Big Bang. As such, measurements of its abundance contribute to cosmological models. In [stars](https://en.wikipedia.org/wiki/Star), it is formed by the [nuclear fusion](https://en.wikipedia.org/wiki/Nuclear_fusion) of hydrogen in [proton-proton chain reactions](https://en.wikipedia.org/wiki/Proton-proton_chain_reaction) and the [CNO cycle](https://en.wikipedia.org/wiki/CNO_cycle), part of [stellar nucleosynthesis](https://en.wikipedia.org/wiki/Stellar_nucleosynthesis).[[94]](https://en.wikipedia.org/wiki/Helium#cite_note-bigbang-94)

In the [Earth's atmosphere](https://en.wikipedia.org/wiki/Earth%27s_atmosphere), the concentration of helium by volume is only 5.2 parts per million.[[110]](https://en.wikipedia.org/wiki/Helium#cite_note-110)[[111]](https://en.wikipedia.org/wiki/Helium#cite_note-111) The concentration is low and fairly constant despite the continuous production of new helium because most helium in the Earth's atmosphere [escapes into space](https://en.wikipedia.org/wiki/Atmospheric_escape) by several processes.[[112]](https://en.wikipedia.org/wiki/Helium#cite_note-112)[[113]](https://en.wikipedia.org/wiki/Helium#cite_note-113)[[114]](https://en.wikipedia.org/wiki/Helium#cite_note-TalkOriginsCreationism-114) In the Earth's [heterosphere](https://en.wikipedia.org/wiki/Heterosphere), a part of the upper atmosphere, helium and other lighter gases are the most abundant elements.

Most helium on Earth is a result of [radioactive decay](https://en.wikipedia.org/wiki/Radioactive_decay). Helium is found in large amounts in minerals of [uranium](https://en.wikipedia.org/wiki/Uranium) and [thorium](https://en.wikipedia.org/wiki/Thorium), including [uraninite](https://en.wikipedia.org/wiki/Uraninite) and its varieties [cleveite](https://en.wikipedia.org/wiki/Cleveite) and [pitchblende](https://en.wikipedia.org/wiki/Pitchblende),[[10]](https://en.wikipedia.org/wiki/Helium#cite_note-mindat_cleveite-10)[[115]](https://en.wikipedia.org/wiki/Helium#cite_note-mindat_pitchblende-115) [carnotite](https://en.wikipedia.org/wiki/Carnotite) and [monazite](https://en.wikipedia.org/wiki/Monazite) (a group name; "monazite" usually refers to [monazite-(Ce)](https://en.wikipedia.org/wiki/Monazite-%28Ce%29)),[[116]](https://en.wikipedia.org/wiki/Helium#cite_note-mindat_monazite-116)[[117]](https://en.wikipedia.org/wiki/Helium#cite_note-mindat_monaziteCe-117) because they emit alpha particles (helium nuclei, He2+) to which electrons immediately combine as soon as the particle is stopped by the rock. In this way an estimated 3000 metric tons of helium are generated per year throughout the [lithosphere](https://en.wikipedia.org/wiki/Lithosphere).[[118]](https://en.wikipedia.org/wiki/Helium#cite_note-cook-118)[[119]](https://en.wikipedia.org/wiki/Helium#cite_note-119)[[120]](https://en.wikipedia.org/wiki/Helium#cite_note-120) In the Earth's crust, the concentration of helium is 8 parts per billion. In seawater, the concentration is only 4 parts per trillion. There are also small amounts in mineral [springs](https://en.wikipedia.org/wiki/Spring_%28hydrosphere%29), volcanic gas, and [meteoric iron](https://en.wikipedia.org/wiki/Meteoric_iron). Because helium is trapped in the subsurface under conditions that also trap natural gas, the greatest natural concentrations of helium on the planet are found in natural gas, from which most commercial helium is extracted. The concentration varies in a broad range from a few ppm to more than 7% in a small gas field in [San Juan County, New Mexico](https://en.wikipedia.org/wiki/San_Juan_County%2C_New_Mexico).[[121]](https://en.wikipedia.org/wiki/Helium#cite_note-121)[[122]](https://en.wikipedia.org/wiki/Helium#cite_note-122)

As of 2011 the world's helium reserves were estimated at 40 billion cubic meters, with a quarter of that being in the [South Pars / North Dome Gas-Condensate field](https://en.wikipedia.org/wiki/South_Pars_/_North_Dome_Gas-Condensate_field) owned jointly by [Qatar](https://en.wikipedia.org/wiki/Qatar) and Iran.[[123]](https://en.wikipedia.org/wiki/Helium#cite_note-123) In 2015 and 2016 additional probable reserves were announced to be under the Rocky Mountains in North America[[124]](https://en.wikipedia.org/wiki/Helium#cite_note-124) and in the [East African Rift](https://en.wikipedia.org/wiki/East_African_Rift).[[125]](https://en.wikipedia.org/wiki/Helium#cite_note-125)

**Modern extraction and distribution**

For large-scale use, helium is extracted by [fractional distillation](https://en.wikipedia.org/wiki/Fractional_distillation) from natural gas, which can contain as much as 7% helium.[[126]](https://en.wikipedia.org/wiki/Helium#cite_note-126) Since helium has a lower [boiling point](https://en.wikipedia.org/wiki/Boiling_point) than any other element, low temperature and high pressure are used to liquefy nearly all the other gases (mostly [nitrogen](https://en.wikipedia.org/wiki/Nitrogen) and [methane](https://en.wikipedia.org/wiki/Methane)). The resulting crude helium gas is purified by successive exposures to lowering temperatures, in which almost all of the remaining nitrogen and other gases are precipitated out of the gaseous mixture. [Activated charcoal](https://en.wikipedia.org/wiki/Activated_charcoal) is used as a final purification step, usually resulting in 99.995% pure Grade-A helium.[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20) The principal impurity in Grade-A helium is [neon](https://en.wikipedia.org/wiki/Neon). In a final production step, most of the helium that is produced is liquefied via a [cryogenic](https://en.wikipedia.org/wiki/Cryogenic) process. This is necessary for applications requiring liquid helium and also allows helium suppliers to reduce the cost of long distance transportation, as the largest liquid helium containers have more than five times the capacity of the largest gaseous helium tube trailers.[[68]](https://en.wikipedia.org/wiki/Helium#cite_note-wwsupply-68)[[127]](https://en.wikipedia.org/wiki/Helium#cite_note-127)

In 2008, approximately 169 million [standard cubic meters](https://en.wikipedia.org/wiki/Standard_cubic_meter) (SCM) of helium were extracted from natural gas or withdrawn from helium reserves with approximately 78% from the United States, 10% from Algeria, and most of the remainder from Russia, Poland and Qatar.[[128]](https://en.wikipedia.org/wiki/Helium#cite_note-128) By 2013, increases in helium production in Qatar (under the company [RasGas](https://en.wikipedia.org/wiki/RasGas) managed by [Air Liquide](https://en.wikipedia.org/wiki/Air_Liquide)) had increased Qatar's fraction of world helium production to 25%, and made it the second largest exporter after the United States.[[129]](https://en.wikipedia.org/wiki/Helium#cite_note-bloomberg.com-129) An estimated 54 billion cubic feet (1.5×109 m3) deposit of helium was found in Tanzania in 2016.[[130]](https://en.wikipedia.org/wiki/Helium#cite_note-130)[[16]](https://en.wikipedia.org/wiki/Helium#cite_note-Sample-16)

In the United States, most helium is extracted from natural gas of the [Hugoton](https://en.wikipedia.org/wiki/Hugoton_Natural_Gas_Area) and nearby gas fields in Kansas, Oklahoma, and the Panhandle Field in Texas.[[68]](https://en.wikipedia.org/wiki/Helium#cite_note-wwsupply-68)[[131]](https://en.wikipedia.org/wiki/Helium#cite_note-131) Much of this gas was once sent by pipeline to the [National Helium Reserve](https://en.wikipedia.org/wiki/National_Helium_Reserve), but since 2005 this reserve is being depleted and sold off, and is expected to be largely depleted by 2021,[[129]](https://en.wikipedia.org/wiki/Helium#cite_note-bloomberg.com-129) under the October 2013 *Responsible Helium Administration and Stewardship Act* (H.R. 527).[[132]](https://en.wikipedia.org/wiki/Helium#cite_note-132)

Diffusion of crude natural gas through special [semipermeable membranes](https://en.wikipedia.org/wiki/Semipermeable_membrane) and other barriers is another method to recover and purify helium.[[133]](https://en.wikipedia.org/wiki/Helium#cite_note-133) In 1996, the U.S. had *proven* helium reserves, in such gas well complexes, of about 147 billion [standard cubic feet](https://en.wikipedia.org/wiki/Standard_cubic_feet) (4.2 billion SCM).[[134]](https://en.wikipedia.org/wiki/Helium#cite_note-134) At rates of use at that time (72 million SCM per year in the U.S.; see pie chart below) this would have been enough helium for about 58 years of U.S. use, and less than this (perhaps 80% of the time) at world use rates, although factors in saving and processing impact effective reserve numbers.

Helium must be extracted from natural gas because it is present in air at only a fraction of that of neon, yet the demand for it is far higher. It is estimated that if all neon production were retooled to save helium, 0.1% of the world's helium demands would be satisfied. Similarly, only 1% of the world's helium demands could be satisfied by re-tooling all air distillation plants.[[135]](https://en.wikipedia.org/wiki/Helium#cite_note-135) Helium can be synthesized by bombardment of [lithium](https://en.wikipedia.org/wiki/Lithium) or [boron](https://en.wikipedia.org/wiki/Boron) with high-velocity protons, or by bombardment of lithium with [deuterons](https://en.wikipedia.org/wiki/Deuteron), but these processes are a completely uneconomical method of production.[[136]](https://en.wikipedia.org/wiki/Helium#cite_note-136)

Helium is commercially available in either liquid or gaseous form. As a liquid, it can be supplied in small insulated containers called [dewars](https://en.wikipedia.org/wiki/Dewar_flask) which hold as much as 1,000 liters of helium, or in large ISO containers which have nominal capacities as large as 42 m3 (around 11,000 U.S. [gallons](https://en.wikipedia.org/wiki/Gallon)). In gaseous form, small quantities of helium are supplied in high-pressure cylinders holding as much as 8 m3 (approx. 282 standard cubic feet), while large quantities of high-pressure gas are supplied in tube trailers which have capacities of as much as 4,860 m3 (approx. 172,000 standard cubic feet).

**Conservation advocates**

*Main article:*[*Helium storage and conservation*](https://en.wikipedia.org/wiki/Helium_storage_and_conservation)

According to helium conservationists like Nobel laureate physicist [Robert Coleman Richardson](https://en.wikipedia.org/wiki/Robert_Coleman_Richardson), writing in 2010, the free market price of helium has contributed to "wasteful" usage (e.g. for [helium balloons](https://en.wikipedia.org/wiki/Tethered_helium_balloon)). Prices in the 2000s had been lowered by the decision of the U.S. Congress to sell off the country's large helium stockpile by 2015.[[137]](https://en.wikipedia.org/wiki/Helium#cite_note-137) According to Richardson, the price needed to be multiplied by 20 to eliminate the excessive wasting of helium. In their book, the *Future of helium as a natural resource* (Routledge, 2012), Nuttall, Clarke & Glowacki (2012) also proposed to create an International Helium Agency (IHA) to build a sustainable market for this precious commodity.[[138]](https://en.wikipedia.org/wiki/Helium#cite_note-138)

Applications



The largest single use of liquid helium is to cool the superconducting magnets in modern MRI scanners.

Estimated 2014 U.S. fractional helium use by category. Total use is 34 million cubic meters.[[139]](https://en.wikipedia.org/wiki/Helium#cite_note-usgs-helium-139)

  Cryogenics (32%)

  Pressurizing and purging (18%)

  Welding (13%)

  Controlled atmospheres (18%)

  Leak detection (4%)

  Breathing mixtures (2%)

  Other (13%)

While balloons are perhaps the best known use of helium, they are a minor part of all helium use.[[63]](https://en.wikipedia.org/wiki/Helium#cite_note-stwertka-63) Helium is used for many purposes that require some of its unique properties, such as its low [boiling point](https://en.wikipedia.org/wiki/Boiling_point), low [density](https://en.wikipedia.org/wiki/Density), low [solubility](https://en.wikipedia.org/wiki/Solubility), high [thermal conductivity](https://en.wikipedia.org/wiki/Thermal_conductivity), or [inertness](https://en.wikipedia.org/wiki/Chemically_inert). Of the 2014 world helium total production of about 32 million kg (180 million standard cubic meters) helium per year, the largest use (about 32% of the total in 2014) is in cryogenic applications, most of which involves cooling the superconducting magnets in medical [MRI](https://en.wikipedia.org/wiki/MRI) scanners and [NMR](https://en.wikipedia.org/wiki/NMR) spectrometers.[[140]](https://en.wikipedia.org/wiki/Helium#cite_note-140) Other major uses were pressurizing and purging systems, welding, maintenance of controlled atmospheres, and leak detection. Other uses by category were relatively minor fractions.[[139]](https://en.wikipedia.org/wiki/Helium#cite_note-usgs-helium-139)

**Controlled atmospheres**

Helium is used as a protective gas in growing [silicon](https://en.wikipedia.org/wiki/Silicon) and [germanium](https://en.wikipedia.org/wiki/Germanium) crystals, in [titanium](https://en.wikipedia.org/wiki/Titanium) and [zirconium](https://en.wikipedia.org/wiki/Zirconium) production, and in [gas chromatography](https://en.wikipedia.org/wiki/Gas_chromatography),[[83]](https://en.wikipedia.org/wiki/Helium#cite_note-LANL.gov-83) because it is inert. Because of its inertness, [thermally and calorically perfect](https://en.wikipedia.org/wiki/Ideal_gas) nature, high [speed of sound](https://en.wikipedia.org/wiki/Speed_of_sound), and high value of the [heat capacity ratio](https://en.wikipedia.org/wiki/Heat_capacity_ratio), it is also useful in [supersonic wind tunnels](https://en.wikipedia.org/wiki/Supersonic_wind_tunnel)[[141]](https://en.wikipedia.org/wiki/Helium#cite_note-141) and [impulse facilities](https://en.wikipedia.org/wiki/Impulse_facility).[[142]](https://en.wikipedia.org/wiki/Helium#cite_note-142)

**Gas tungsten arc welding**

*Main article:*[*Gas tungsten arc welding*](https://en.wikipedia.org/wiki/Gas_tungsten_arc_welding)

Helium is used as a [shielding gas](https://en.wikipedia.org/wiki/Shielding_gas) in [arc welding](https://en.wikipedia.org/wiki/Arc_welding) processes on materials that at welding temperatures are contaminated and weakened by air or nitrogen.[[18]](https://en.wikipedia.org/wiki/Helium#cite_note-nbb-18) A number of inert shielding gases are used in gas tungsten arc welding, but helium is used instead of cheaper [argon](https://en.wikipedia.org/wiki/Argon) especially for welding materials that have higher [heat conductivity](https://en.wikipedia.org/wiki/Heat_conductivity), like [aluminium](https://en.wikipedia.org/wiki/Aluminium) or [copper](https://en.wikipedia.org/wiki/Copper).

**Minor uses**

**Industrial leak detection**



A dual chamber helium leak detection machine

One industrial application for helium is [leak detection](https://en.wikipedia.org/wiki/Leak_detection). Because helium [diffuses](https://en.wikipedia.org/wiki/Diffusion) through solids three times faster than air, it is used as a tracer gas to detect [leaks](https://en.wikipedia.org/wiki/Leak) in high-vacuum equipment (such as cryogenic tanks) and high-pressure containers.[[143]](https://en.wikipedia.org/wiki/Helium#cite_note-nostrand-143) The tested object is placed in a chamber, which is then evacuated and filled with helium. The helium that escapes through the leaks is detected by a sensitive device ([helium mass spectrometer](https://en.wikipedia.org/wiki/Helium_mass_spectrometer)), even at the leak rates as small as 10−9 mbar·L/s (10−10 Pa·m3/s). The measurement procedure is normally automatic and is called helium integral test. A simpler procedure is to fill the tested object with helium and to manually search for leaks with a hand-held device.[[144]](https://en.wikipedia.org/wiki/Helium#cite_note-144)

Helium leaks through cracks should not be confused with gas permeation through a bulk material. While helium has documented permeation constants (thus a calculable permeation rate) through glasses, ceramics, and synthetic materials, inert gases such as helium will not permeate most bulk metals.[[145]](https://en.wikipedia.org/wiki/Helium#cite_note-145)

**Flight**



Because of its low density and incombustibility, helium is the gas of choice to fill airships such as the [Goodyear blimp](https://en.wikipedia.org/wiki/Goodyear_blimp).

Because it is [lighter than air](https://en.wikipedia.org/wiki/Lighter_than_air), [airships](https://en.wikipedia.org/wiki/Airship) and balloons are inflated with helium for [lift](https://en.wikipedia.org/wiki/Lifting_gas). While hydrogen gas is more buoyant, and escapes permeating through a membrane at a lower rate, helium has the advantage of being non-flammable, and indeed [fire-retardant](https://en.wikipedia.org/wiki/Fire-retardant). Another minor use is in [rocketry](https://en.wikipedia.org/wiki/Rocket), where helium is used as an [ullage](https://en.wikipedia.org/wiki/Ullage) medium to displace fuel and oxidizers in storage tanks and to condense hydrogen and oxygen to make [rocket fuel](https://en.wikipedia.org/wiki/Rocket_fuel). It is also used to purge fuel and oxidizer from ground support equipment prior to launch and to pre-cool liquid hydrogen in [space vehicles](https://en.wikipedia.org/wiki/Space_vehicle). For example, the [Saturn V](https://en.wikipedia.org/wiki/Saturn_V) rocket used in the [Apollo program](https://en.wikipedia.org/wiki/Apollo_program) needed about 370,000 m3 (13 million cubic feet) of helium to launch.[[83]](https://en.wikipedia.org/wiki/Helium#cite_note-LANL.gov-83)

**Minor commercial and recreational uses**

Helium as a breathing gas has no [narcotic properties](https://en.wikipedia.org/wiki/Nitrogen_narcosis), so helium mixtures such as [trimix](https://en.wikipedia.org/wiki/Trimix_%28breathing_gas%29), [heliox](https://en.wikipedia.org/wiki/Heliox) and [heliair](https://en.wikipedia.org/wiki/Trimix_%28breathing_gas%29#Heliair) are used for [deep diving](https://en.wikipedia.org/wiki/Deep_diving) to reduce the effects of narcosis, which worsen with increasing depth.[[146]](https://en.wikipedia.org/wiki/Helium#cite_note-146)[[147]](https://en.wikipedia.org/wiki/Helium#cite_note-thomas-147) As pressure increases with depth, the density of the breathing gas also increases, and the low molecular weight of helium is found to considerably reduce the effort of breathing by lowering the density of the mixture. This reduces the [Reynolds number](https://en.wikipedia.org/wiki/Reynolds_number) of flow, leading to a reduction of [turbulent flow](https://en.wikipedia.org/wiki/Turbulent_flow) and an increase in [laminar flow](https://en.wikipedia.org/wiki/Laminar_flow), which requires less work of breathing.[[148]](https://en.wikipedia.org/wiki/Helium#cite_note-148)[[149]](https://en.wikipedia.org/wiki/Helium#cite_note-BOCheox21-149) At depths below 150 metres (490 ft) divers breathing helium–oxygen mixtures begin to experience tremors and a decrease in psychomotor function, symptoms of [high-pressure nervous syndrome](https://en.wikipedia.org/wiki/High-pressure_nervous_syndrome).[[150]](https://en.wikipedia.org/wiki/Helium#cite_note-HungerBennett-150) This effect may be countered to some extent by adding an amount of narcotic gas such as hydrogen or nitrogen to a helium–oxygen mixture.[[151]](https://en.wikipedia.org/wiki/Helium#cite_note-151)

[Helium–neon lasers](https://en.wikipedia.org/wiki/Helium%E2%80%93neon_laser), a type of low-powered gas laser producing a red beam, had various practical applications which included [barcode readers](https://en.wikipedia.org/wiki/Barcode_reader) and [laser pointers](https://en.wikipedia.org/wiki/Laser_pointer), before they were almost universally replaced by cheaper [diode lasers](https://en.wikipedia.org/wiki/Diode_laser).[[18]](https://en.wikipedia.org/wiki/Helium#cite_note-nbb-18)

For its inertness and high [thermal conductivity](https://en.wikipedia.org/wiki/Thermal_conductivity), neutron transparency, and because it does not form radioactive isotopes under reactor conditions, helium is used as a heat-transfer medium in some gas-cooled [nuclear reactors](https://en.wikipedia.org/wiki/Nuclear_reactors).[[143]](https://en.wikipedia.org/wiki/Helium#cite_note-nostrand-143)

Helium, mixed with a heavier gas such as xenon, is useful for [thermoacoustic refrigeration](https://en.wikipedia.org/wiki/Thermoacoustic_refrigeration) due to the resulting high [heat capacity ratio](https://en.wikipedia.org/wiki/Heat_capacity_ratio) and low [Prandtl number](https://en.wikipedia.org/wiki/Prandtl_number).[[152]](https://en.wikipedia.org/wiki/Helium#cite_note-152) The inertness of helium has environmental advantages over conventional refrigeration systems which contribute to ozone depletion or global warming.[[153]](https://en.wikipedia.org/wiki/Helium#cite_note-153)

Helium is also used in some [hard disk drives](https://en.wikipedia.org/wiki/Hard_disk_drive).[[154]](https://en.wikipedia.org/wiki/Helium#cite_note-154)

**Scientific uses**

The use of helium reduces the distorting effects of temperature variations in the space between [lenses](https://en.wikipedia.org/wiki/Lens_%28optics%29) in some [telescopes](https://en.wikipedia.org/wiki/Telescope), due to its extremely low [index of refraction](https://en.wikipedia.org/wiki/Index_of_refraction).[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20) This method is especially used in solar telescopes where a vacuum tight telescope tube would be too heavy.[[155]](https://en.wikipedia.org/wiki/Helium#cite_note-155)[[156]](https://en.wikipedia.org/wiki/Helium#cite_note-156)

Helium is a commonly used carrier gas for [gas chromatography](https://en.wikipedia.org/wiki/Gas_chromatography).

The age of rocks and minerals that contain [uranium](https://en.wikipedia.org/wiki/Uranium) and [thorium](https://en.wikipedia.org/wiki/Thorium) can be estimated by measuring the level of helium with a process known as [helium dating](https://en.wikipedia.org/wiki/Helium_dating).[[18]](https://en.wikipedia.org/wiki/Helium#cite_note-nbb-18)[[20]](https://en.wikipedia.org/wiki/Helium#cite_note-enc-20)

Helium at low temperatures is used in [cryogenics](https://en.wikipedia.org/wiki/Cryogenics), and in certain cryogenics applications. As examples of applications, liquid helium is used to cool certain metals to the extremely low temperatures required for [superconductivity](https://en.wikipedia.org/wiki/Superconductivity), such as in [superconducting magnets](https://en.wikipedia.org/wiki/Superconducting_magnet) for [magnetic resonance imaging](https://en.wikipedia.org/wiki/Magnetic_resonance_imaging). The [Large Hadron Collider](https://en.wikipedia.org/wiki/Large_Hadron_Collider) at [CERN](https://en.wikipedia.org/wiki/CERN) uses 96 [metric tons](https://en.wikipedia.org/wiki/Metric_ton) of liquid helium to maintain the temperature at 1.9 kelvins.[[157]](https://en.wikipedia.org/wiki/Helium#cite_note-CERN-LHC-157)

**Medical uses**

Helium was approved for medical use in the United States in April 2020 for humans and animals.[[158]](https://en.wikipedia.org/wiki/Helium#cite_note-158)[[159]](https://en.wikipedia.org/wiki/Helium#cite_note-159)

As a contaminant

While chemically inert, helium contamination will impair the operation of [microelectromechanical systems](https://en.wikipedia.org/wiki/Microelectromechanical_systems) such that iPhones may fail.[[160]](https://en.wikipedia.org/wiki/Helium#cite_note-160)

Inhalation and safety

**Effects**

Neutral helium at standard conditions is non-toxic, plays no biological role and is found in trace amounts in human blood.

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| --- | --- |
|  | [Effect of helium on a human voice](https://en.wikipedia.org/wiki/File%3AHelium_article_read_with_helium.ogg)MENU0:00The effect of helium on a human voice |
| *Problems playing this file? See*[*media help*](https://en.wikipedia.org/wiki/Help%3AMedia)*.* |

The [speed of sound](https://en.wikipedia.org/wiki/Speed_of_sound) in helium is nearly three times the speed of sound in air. Because the [fundamental frequency](https://en.wikipedia.org/wiki/Fundamental_frequency) of a gas-filled cavity is proportional to the speed of sound in the gas, when helium is inhaled there is a corresponding increase in the [resonant frequencies](https://en.wikipedia.org/wiki/Resonant_frequency) of the [vocal tract](https://en.wikipedia.org/wiki/Vocal_tract).[[18]](https://en.wikipedia.org/wiki/Helium#cite_note-nbb-18)[[161]](https://en.wikipedia.org/wiki/Helium#cite_note-161) The [fundamental frequency](https://en.wikipedia.org/wiki/Fundamental_frequency) (sometimes called [pitch](https://en.wikipedia.org/wiki/Pitch_%28music%29)) does not change, since this is produced by direct vibration of the vocal folds, which is unchanged.[[162]](https://en.wikipedia.org/wiki/Helium#cite_note-162) However, the higher resonant frequencies cause a change in [timbre](https://en.wikipedia.org/wiki/Timbre), resulting in a reedy, duck-like vocal quality. The opposite effect, lowering resonant frequencies, can be obtained by inhaling a dense gas such as [sulfur hexafluoride](https://en.wikipedia.org/wiki/Sulfur_hexafluoride) or [xenon](https://en.wikipedia.org/wiki/Xenon).

**Hazards**

Inhaling helium can be dangerous if done to excess, since helium is a simple [asphyxiant](https://en.wikipedia.org/wiki/Asphyxiant_gas) and so displaces oxygen needed for normal respiration.[[18]](https://en.wikipedia.org/wiki/Helium#cite_note-nbb-18)[[163]](https://en.wikipedia.org/wiki/Helium#cite_note-Grass-163) Fatalities have been recorded, including a youth who suffocated in Vancouver in 2003 and two adults who suffocated in South Florida in 2006.[[164]](https://en.wikipedia.org/wiki/Helium#cite_note-sptimes.com-164)[[165]](https://en.wikipedia.org/wiki/Helium#cite_note-cbc.ca-165) In 1998, an Australian girl from Victoria fell unconscious and temporarily [turned blue](https://en.wikipedia.org/wiki/Cyanosis) after inhaling the entire contents of a party balloon.[[166]](https://en.wikipedia.org/wiki/Helium#cite_note-balloonartists.com.au-166)[[167]](https://en.wikipedia.org/wiki/Helium#cite_note-lousballoons.com.au-167)[[168]](https://en.wikipedia.org/wiki/Helium#cite_note-bouncetime.co.uk-168) Inhaling helium directly from pressurized cylinders or even balloon filling valves is extremely dangerous, as high flow rate and pressure can result in [barotrauma](https://en.wikipedia.org/wiki/Barotrauma), fatally rupturing lung tissue.[[163]](https://en.wikipedia.org/wiki/Helium#cite_note-Grass-163)[[169]](https://en.wikipedia.org/wiki/Helium#cite_note-slate-169)

Death caused by helium is rare. The first media-recorded case was that of a 15-year-old girl from Texas who died in 1998 from helium inhalation at a friend's party; the exact type of helium death is unidentified.[[166]](https://en.wikipedia.org/wiki/Helium#cite_note-balloonartists.com.au-166)[[167]](https://en.wikipedia.org/wiki/Helium#cite_note-lousballoons.com.au-167)[[168]](https://en.wikipedia.org/wiki/Helium#cite_note-bouncetime.co.uk-168)

In the United States only two fatalities were reported between 2000 and 2004, including a man who died in North Carolina of barotrauma in 2002.[[164]](https://en.wikipedia.org/wiki/Helium#cite_note-sptimes.com-164)[[169]](https://en.wikipedia.org/wiki/Helium#cite_note-slate-169) A youth asphyxiated in Vancouver during 2003, and a 27-year-old man in Australia had an embolism after breathing from a cylinder in 2000.[[164]](https://en.wikipedia.org/wiki/Helium#cite_note-sptimes.com-164) Since then two adults asphyxiated in South Florida in 2006,[[164]](https://en.wikipedia.org/wiki/Helium#cite_note-sptimes.com-164)[[165]](https://en.wikipedia.org/wiki/Helium#cite_note-cbc.ca-165)[[170]](https://en.wikipedia.org/wiki/Helium#cite_note-170) and there were cases in 2009 and 2010, one a Californian youth who was found with a bag over his head, attached to a helium tank,[[171]](https://en.wikipedia.org/wiki/Helium#cite_note-171) and another teenager in Northern Ireland died of asphyxiation.[[172]](https://en.wikipedia.org/wiki/Helium#cite_note-172) At [Eagle Point, Oregon](https://en.wikipedia.org/wiki/Eagle_Point%2C_Oregon) a teenage girl died in 2012 from barotrauma at a party.[[173]](https://en.wikipedia.org/wiki/Helium#cite_note-173)[[174]](https://en.wikipedia.org/wiki/Helium#cite_note-huffingtonpost.com-174)[[175]](https://en.wikipedia.org/wiki/Helium#cite_note-today.com-175) A girl from Michigan died from hypoxia later in the year.[[176]](https://en.wikipedia.org/wiki/Helium#cite_note-176)

On February 4, 2015 it was revealed that, during the recording of their main TV show on January 28, a 12-year-old member (name withheld) of Japanese all-girl singing group [3B Junior](https://en.wikipedia.org/wiki/3B_Junior) suffered from [air embolism](https://en.wikipedia.org/wiki/Air_embolism), losing consciousness and falling into a [coma](https://en.wikipedia.org/wiki/Coma) as a result of air bubbles blocking the flow of blood to the brain, after inhaling huge quantities of helium as part of a game. The incident was not made public until a week later.[[177]](https://en.wikipedia.org/wiki/Helium#cite_note-177)[[178]](https://en.wikipedia.org/wiki/Helium#cite_note-178) The staff of [TV Asahi](https://en.wikipedia.org/wiki/TV_Asahi) held an emergency press conference to communicate that the member had been taken to the hospital and is showing signs of rehabilitation such as moving eyes and limbs, but her consciousness has not yet been sufficiently recovered. Police have launched an investigation due to a neglect of safety measures.[[179]](https://en.wikipedia.org/wiki/Helium#cite_note-179)[[180]](https://en.wikipedia.org/wiki/Helium#cite_note-180)

On July 13, 2017 [CBS News](https://en.wikipedia.org/wiki/CBS_News) reported that a political operative who reportedly attempted to recover e-mails missing from the Clinton server, [Peter W. Smith](https://en.wikipedia.org/wiki/Peter_W._Smith), "apparently" committed suicide in May at a hotel room in Rochester, Minnesota and that his death was recorded as "asphyxiation due to displacement of oxygen in confined space with helium".[[181]](https://en.wikipedia.org/wiki/Helium#cite_note-181) More details followed in the [Chicago Tribune](https://en.wikipedia.org/wiki/Chicago_Tribune).[[182]](https://en.wikipedia.org/wiki/Helium#cite_note-182)

The safety issues for cryogenic helium are similar to those of [liquid nitrogen](https://en.wikipedia.org/wiki/Liquid_nitrogen); its extremely low temperatures can result in [cold burns](https://en.wikipedia.org/wiki/Frostbite), and the liquid-to-gas expansion ratio can cause explosions if no pressure-relief devices are installed. Containers of helium gas at 5 to 10 K should be handled as if they contain liquid helium due to the rapid and significant [thermal expansion](https://en.wikipedia.org/wiki/Thermal_expansion) that occurs when helium gas at less than 10 K is warmed to [room temperature](https://en.wikipedia.org/wiki/Room_temperature).[[83]](https://en.wikipedia.org/wiki/Helium#cite_note-LANL.gov-83)

At high pressures (more than about 20 atm or two [MPa](https://en.wikipedia.org/wiki/MPa)), a mixture of helium and oxygen ([heliox](https://en.wikipedia.org/wiki/Heliox)) can lead to [high-pressure nervous syndrome](https://en.wikipedia.org/wiki/High-pressure_nervous_syndrome), a sort of reverse-anesthetic effect; adding a small amount of nitrogen to the mixture can alleviate the problem.[[183]](https://en.wikipedia.org/wiki/Helium#cite_note-183)[[150]](https://en.wikipedia.org/wiki/Helium#cite_note-HungerBennett-150)

See also

* [Abiogenic petroleum origin](https://en.wikipedia.org/wiki/Abiogenic_petroleum_origin)
* [Helium-3 propulsion](https://en.wikipedia.org/wiki/Helium-3_propulsion)
* [Leidenfrost effect](https://en.wikipedia.org/wiki/Leidenfrost_effect)
* [Quantum solid](https://en.wikipedia.org/wiki/Quantum_solid)
* [Superfluid](https://en.wikipedia.org/wiki/Superfluid)
* [Tracer-gas leak testing method](https://en.wikipedia.org/wiki/Tracer-gas_leak_testing_method)
* [Hamilton Cady](https://en.wikipedia.org/wiki/Hamilton_Cady)

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* [Textbooks](https://en.wikibooks.org/wiki/Special%3ASearch/Wikijunior%3AThe_Elements/Helium)from Wikibooks
* [Learning resources](https://en.wikiversity.org/wiki/Special%3ASearch/Helium_atom)from Wikiversity
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	5. [**^**](https://en.wikipedia.org/wiki/Helium#cite_ref-5) Rayet, G. (1868) ["Analyse spectral des protubérances observées, pendant l'éclipse totale de Soleil visible le 18 août 1868, à la presqu'île de Malacca"](https://web.archive.org/web/20180817142616/https%3A/babel.hathitrust.org/cgi/pt?id=umn.31951d000083928;view=1up;seq=763) (Spectral analysis of the protuberances observed during the total solar eclipse, seen on 18 August 1868, from the Malacca peninsula), *Comptes rendus* ... , **67** : 757–759. From p. 758: *" ... je vis immédiatement une série de neuf lignes brillantes qui ... me semblent devoir être assimilées aux lignes principales du spectre solaire, B, D, E, b, une ligne inconnue, F, et deux lignes du groupe G."* ( ... I saw immediately a series of nine bright lines that ... seemed to me should be classed as the principal lines of the solar spectrum, B, D, E, b, an unknown line, F, and two lines of the group G.)
	6. [**^**](https://en.wikipedia.org/wiki/Helium#cite_ref-6) Captain C. T. Haig (1868) ["Account of spectroscopic observations of the eclipse of the sun, August 18th, 1868"](https://books.google.com/books?id=glFJAAAAcAAJ&pg=PA74#v=onepage)*Proceedings of the Royal Society of London*, **17** : 74–80. From p. 74: "I may state at once that I observed the spectra of two red flames close to each other, and in their spectra two broad bright bands quite sharply defined, one rose-madder and the other light golden."
	7. [**^**](https://en.wikipedia.org/wiki/Helium#cite_ref-7) Pogson filed his observations of the 1868 eclipse with the local Indian government, but his report wasn't published. (Biman B. Nath, *The Story of Helium and the Birth of Astrophysics* (New York, New York: Springer, 2013), [p. 8.](https://books.google.com/books?id=Zko_Na5IQL8C&pg=PA8#v=onepage&q&f=false)) Nevertheless, Lockyer quoted from his report. [From p. 320](https://babel.hathitrust.org/cgi/pt?id=mdp.39015038750884;view=1up;seq=360;size=150) [Archived](https://web.archive.org/web/20180817113022/https%3A/babel.hathitrust.org/cgi/pt?id=mdp.39015038750884;view=1up;seq=360;size=150) 17 August 2018 at the [Wayback Machine](https://en.wikipedia.org/wiki/Wayback_Machine) of Lockyer, J. Norman (1896) "The story of helium. Prologue," *Nature*, **53** : 319–322 : "Pogson, in referring to the eclipse of 1868, said that the yellow line was "at D, or near D." "
	8. [**^**](https://en.wikipedia.org/wiki/Helium#cite_ref-8) Lieutenant John Herschel (1868) ["Account of the solar eclipse of 1868, as seen at Jamkandi in the Bombay Presidency,"](https://books.google.com/books?id=glFJAAAAcAAJ&pg=PA104#v=onepage&q&f=false)*Proceedings of the Royal Society of London*, **17** : 104–120. From p. 113: As the moment of the total solar eclipse approached, " … I recorded an increasing brilliancy in the spectrum in the neighborhood of D, so great in fact as to prevent any measurement of that line till an opportune cloud moderated the light. I am not prepared to offer any explanation of this." From p. 117: "I also consider that there can be no question that the ORANGE LINE was identical with D, so far as the capacity of the instrument to establish any such identity is concerned."
	9. [**^**](https://en.wikipedia.org/wiki/Helium#cite_ref-9) In his initial report to the French Academy of Sciences about the 1868 eclipse, Janssen made no mention of a yellow line in the solar spectrum. See:
		+ Janssen (1868) ["Indication de quelques-uns des résultats obtenus à Cocanada, pendant l'éclipse du mois d'août dernier, et à la suite de cette éclipse"](https://books.google.com/books?id=hpZDAQAAIAAJ&pg=PA838#v=onepage) (Information on some of the results obtained at Cocanada, during the eclipse of the month of last August, and following that eclipse), *Comptes rendus* ... , **67** : 838–839.
		+ Wheeler M. Sears, *Helium: The Disappearing Element*(Heidelberg, Germany: Springer, 2015), [p. 44.](https://books.google.com/books?id=5SvABgAAQBAJ&pg=PA44#v=onepage)
		+ Françoise Launay with Storm Dunlop, trans., *The Astronomer Jules Janssen: A Globetrotter of Celestial Physics*(Heidelberg, Germany: Springer, 2012), [p. 45.](https://books.google.com/books?id=3YaAup49nqoC&pg=PA45#v=onepage)

However, subsequently, in an unpublished letter of 19 December 1868 to Charles Sainte-Claire Deville, Janssen asked Deville to inform the French Academy of Sciences that : "Several observers have claimed the bright D line as forming part of the spectrum of the prominences on 18 August. The bright yellow line did indeed lie very close to D, but the light was more refrangible [i.e., of shorter wavelength] than those of the D lines. My subsequent studies of the Sun have shown the accuracy of what I state here." (See: (Launay, 2012), p. 45.)

* 1. ^ [Jump up to:***a***](https://en.wikipedia.org/wiki/Helium#cite_ref-mindat_cleveite_10-0) [***b***](https://en.wikipedia.org/wiki/Helium#cite_ref-mindat_cleveite_10-1) [*"Cleveite"*](https://www.mindat.org/min-29957.html)*. Mindat.org. Retrieved 14 February 2020.*
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	6. [**^**](https://en.wikipedia.org/wiki/Helium#cite_ref-15) *Szondy, David (24 August 2015).*[*"We may not be running out of helium after all"*](http://www.gizmag.com/helium-source-natural-gas-fields/39038/)*. www.gizmag.com.*[*Archived*](https://web.archive.org/web/20160325044958/http%3A/www.gizmag.com/helium-source-natural-gas-fields/39038/)*from the original on 25 March 2016. Retrieved 1 April 2016.*
	7. ^ [Jump up to:***a***](https://en.wikipedia.org/wiki/Helium#cite_ref-Sample_16-0) [***b***](https://en.wikipedia.org/wiki/Helium#cite_ref-Sample_16-1) *Sample, Ian (28 June 2016).*[*"Huge helium gas find in east Africa averts medical shortage"*](https://www.theguardian.com/science/2016/jun/28/huge-helium-gas-tanzania-east-africa-averts-medical-shortage)*. The Guardian.*[*Archived*](https://web.archive.org/web/20160629022834/https%3A/www.theguardian.com/science/2016/jun/28/huge-helium-gas-tanzania-east-africa-averts-medical-shortage)*from the original on 29 June 2016. Retrieved 29 June 2016.*
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**General**

* [U.S. Government's Bureau of Land Management: Sources, Refinement, and Shortage.](https://web.archive.org/web/20080725060842/http%3A/www.blm.gov/wo/st/en/info/newsroom/2007/january/NR0701_2.html) With some history of helium.
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* [Chemistry in its element podcast](http://www.rsc.org/chemistryworld/podcast/element.asp) (MP3) from the [Royal Society of Chemistry](https://en.wikipedia.org/wiki/Royal_Society_of_Chemistry)'s [Chemistry World](https://en.wikipedia.org/wiki/Chemistry_World): [Helium](http://www.rsc.org/images/CIIE_Helium_48kbps_tcm18-133173.mp3)
* [International Chemical Safety Cards – Helium](https://web.archive.org/web/20170709192820/https%3A/www.cdc.gov/niosh/ipcsneng/neng0603.html); includes health and safety information regarding accidental exposures to helium

**More detail**

* [Helium](http://www.periodicvideos.com/videos/002.htm) at [*The Periodic Table of Videos*](https://en.wikipedia.org/wiki/The_Periodic_Table_of_Videos) (University of Nottingham)
* [Helium](http://boojum.hut.fi/research/theory/helium.html) at the [Helsinki University of Technology](https://en.wikipedia.org/wiki/Helsinki_University_of_Technology); includes pressure-temperature phase diagrams for helium-3 and helium-4
* [Lancaster University, Ultra Low Temperature Physics](http://www.physics.lancs.ac.uk/research/condmatt/ult/index.htm) – includes a summary of some low temperature techniques

**Miscellaneous**

* [Physics in Speech](https://web.archive.org/web/20041210113812/http%3A/www.phys.unsw.edu.au/PHYSICS_%21/SPEECH_HELIUM/speech.html) with audio samples that demonstrate the unchanged voice pitch
* [Article about helium and other noble gases](https://web.archive.org/web/20050904191641/http%3A/du.edu/~jcalvert/phys/helium.htm)

**Helium shortage**

* [America’s Helium Supply: Options for Producing More Helium from Federal Land: Oversight Hearing before the Subcommittee on Energy and Mineral Resources of the Committee on Natural Resources, U.S. House Of Representatives, One Hundred Thirteenth Congress, First Session, Thursday, July 11, 2013](https://purl.fdlp.gov/GPO/gpo41438)
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